

TEXT *Lorenzo Brotons Monedero*
DESIGN & ILLUSTRATIONS *Mariade Rodríguez Lorenzo*

Let's talk about angels II

“The mediums”



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Author: © Lorenzo Brotons Monedero

www.hablemosdeangeles.com

lorenzo@hablemosdeangeles.com

<https://www.facebook.com/lorenzo.brotonsmonedero>

Illustrations & Design: Mariade Rodriguez Lorenzo

www.supernoba41.com

supernoba.41@gmail.com

<https://www.facebook.com/noba.41>

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INTRODUCTION AND PROLOGUE

Before the prophets existed, before conventional religions existed, very special beings walked among us.

They were called Oracles.

They could listen to the spiritual world, they knew the answers to the problem before asking the questions, they could feel beyond the limits of the body.

They were boys and girls who had a very special spiritual gift and now they are angels on Earth.

Their medium energy let them be the bridge between the spiritual world and the material world. They were, they are and they will be the connection between two spheres, between two worlds.

The human being approached the Oracle so as to ask his material questions without realising that we only had to listen.

The oracles decided to sleep with the humanity, but now it is the moment to wake up again and see this time if we wish to listen what they are going to provide.

Remember! The Oracle never decides for you, He will simply give you information which will confirm what you do or he will inform you about what you should do, but you, and only you choose your way. Discern with your heart. So as to have an experience with the Oracle, say this,

- I ask for permission to my guides, to my guard angels, to the masters, to every BEING of "Light", to Father and Mother, to my BEING and all the present ones so as to listen and receive my message, thanks from my heart.

After this, say goodbye by saying,



“They could listen to the spiritual world, they knew the answers to the problem before asking the questions, they could feel beyond the limits of the body.”

- Thanks loved ones for your advice, thanks because I know you have listened to me.

Now, open your heart and your mind to receive your message, this one will arrive during a conversation, a documentary, song or book.

Do you still believe that this is not possible?

Good! I challenge you to say,

- Loved Creator, surprise me.

Be patient and your message will arrive.

The oracles had medium energy and could do much more. Today, they wake up as mediums so as to carry on their spiritual mission. They are integrated in the fourth dimension and their energy migrates in channeling of the fifth dimension.

When talking about these so special sensitive persons, whom I admire, I experiment and observe the life experience that the medium spirit chose for the Aquarius Era.

Nowadays, these messengers wake up again. They are the incarnated angels. Today, every human being has this energy, without an exception and now it will be activated so as to fulfill the divine plan on Earth. They help their brothers, they guide them to go to "*the Light*", our home. They listen, comfort, understand, accept, share, forgive and love humanity unconditionally, and their incarnated spirit brothers.

All of us are spirit. The sum of everyone is the Totality in its maximum expression of love, here on earth, in an experience world of lives of divine egos in free will.

How do you want to be?

YOU ARE BLESSED AND GREETED

Save Loved Ones

Kodoish, Kodoish, Kodoish, Adonay, Tsebayoth

Tal'i tha cu 'mi

Urim, Thummim

Urim, Thummim Ain Soph

Meh Ayai-Hametim

Ammi-Shaddai

Save Loved Ones

Saint, Saint, Saint is God of Angelic¹Troops

Get up and Wake up,

I call our Interior Light and Divine Perfection,

I call our Interior Light and Absolute Divine Perfection,

In the name of God

Sons of mine

We are Loved and liberated from every load and ties,

We are Eternal Light.

We are God's town.

Wake up and follow me.

¹ Troops: Angelic Legions

PRESENTATION

Hello, this is Loren, or Lorenzo as you like. For a long time I tried to be in the material world, accomplishing my function as a father, and about everything we decide as tasks, and now, furthermore I also deal with the spirit world, our brothers, our angels, our masters, our guides, our heart. And Look! I have to write about it so that everyone who passes through this experience can read about it.

How many times have I listened to a person saying?

-I wish there was a telephone to be able to speak with that relative who is in heaven.

The problem is that when they have the opportunity of doing it, “they are scared shitless”.

Most of the times the world that we consider real doesn't accept this possibility, someone convinced us that when they die “they are no longer incarnated”, it is not possible to speak to them, and unfortunately many of us did believe it.

I feel sorry but I want to say that Yes, we can! Nothing is impossible for the Totality of the being and it is really like having heaven in your heart when you are able to listen to them again.

In my case, five years ago, many things happened. I'm going to tell you from my experience what happened to me and how it was possible to talk to them and to listen to them.

But for this, you have to open your heart and your mind to this possibility because if you deny it, you won't be able to talk and listen to them.

As co-creators that you are in your life experience, what you think, choose or say changes and introduces in our life that possibility of communication. By means of your faith (unconditional love) or the faith denial (the fear), this communication appears in our own being, in our life and environment.

“If you think that something cannot be done, you will never have the opportunity to do it and it will be as you feel it.”

You will see, one day a dreamer thought that it would be possible to speak to any person in this world wherever he was. When he presented his idea to his colleagues, all of them laughed at him but he had faith in his invention. **“He had faith!”** and he continued going on.

Then he invented the telephone which at the beginning was accepted by few people and rejected by the others. And nowadays all of us have one. It is a great invention that allows the communication.

Now imagine that you had a telephone to be able to speak and listen to the spirit world,

Do you think it is possible?

“We will always deny the existence, as an aspect of the being, of what we are afraid of”

No matter how we feel it, Light or Darkness. It is simply Spirit. Sincerely, it only exists in your life what you believe in and what you have faith in.

Maybe in your vibration, or in your life, you only accept the option **«see it to believe it»**, but in the spirit world everything happens in a different way.

Faith is needed and **«see it to believe it»**, unless that is your inflection point, in that case you will see and feel those ones who are not incarnated.

The inflection point I choose before my birth appeared perfectly. It was simply my moment to wake up and see again.

When this happens, it doesn't matter which is your faith or ethics or social status, you will simply have to accept the spirit world and integrate it in your life.

You will face yourself by means of an internal battle of doubts and fears, prides and egos until you accept yourself with your new evolution, your new energy. When you accept what you feel as something natural, you will be able to listen and transmit what you feel without fears.

Are you a sensitive and conscious person? Was your medium energy activated and now you are a Light Being on the earth? What are you going to do now?

You have been looking for a manual, you need to know what is going on now, and nobody but you can find the following step.

This book will be a tag so as to help you understand yourself and accept yourself the way that you are, channeling, medium, *“the Light” worker, sensitive human being, hunter, believer, the one who denies, the one who prejudges. No matter how we are, Welcome, Thanks for being and staying here now!*

“We are in a dual world, in a multi-co-creation of sleepy and conscious egos, in a perfect balance, called free will.”

When you have the opportunity to talk to your loved beings, tell me,

- How would you react?

Most of them deny the call.

They don't simply credit what they see and they dash away! They let their fears take the control.

I tell you, the mediums aren't only here to satisfy the curious ones. Their role in the Aquarius Era is very important.

“Be conscious that our spirit life is eternal and we go on after this experience of life.”

As I said in ***“Let's talk about Angels. I.- In the beginning ”***

“There are so many variations of spirit behaviour that I would need a lot of books so as to catalogue them, this “job” was already done by “Allan Kardec.”

As always, when I say that the “job” was done by another one, I'm corrected and told,

- What we need is that you transmit your experience, the other one's job was done by means of his observation and experience. It is what you feel, what we wish you to transmit.

And so...!

I'm here again!

As I said in my first book.

-Open your mind and your heart to new possibilities and ideas, no matter if they are bizarre!

Believe it or not, so as to be Spiritual in this material world, you must have a great sense of humor and perspective of the different realities.

A lot of humor and a lot of unconditional love, this one with great amounts.

Some of us live in the reality of the material world and the spirit world and no matter your religion, politics, ethnic, social status, philosophy or values, what the others believe or not, now it is like this in your life.!

The information I write should be useful so that the human being spirit develops, don't you create another religion about this, or defend it as absolute truth.

They are examples based on my emotions and experiences. I try to explain the spirit world from the shape world.

It is about time to do it!

What is the use of technology, Science and Philosophy if we forget the essence of our own being?

I only tell you,

-You asked for help so as to understand and ...

Here it is!

I'm sorry for being late, You know! Understanding and accepting what happens to us takes its time.

I dedicate this book to all sensitive persons who notice the spirit world by coexisting with the shape world.

To our ancestors, guards and angels that from the spirit world inspire us with love.

To our travel partners, couple, friends, acquaintances.

And to our sons and daughters, those ones who will come after us.

Thanks for being like we are.

A hug.

CONCEPTS

Before beginning with the spirit world, the world that sensitive ones and mediums feel, I'm going to define some concepts as I feel them.

From the spirit world, I will write in the shape world so as to express what I perceive.

It depends on you whether you accept or reject the new ideas, concepts and definitions.

So as to approach the complete definition of deity or God, I will use the concept "**Totality**", It may be a new concept for you, but it was defined in one of the most antique books "**The Kybalion**" by Trimegisto, known in the angelic world as Metathron. I request this brother for the access to the knowledge source of the Eternal Spirit, so as to be able to feel it, read it and write it at the same time. - *Thanks loved Metathron!*

The dual world where the earth vibrates is regulated by two opposed energies, in the Far East they are known as Yin and Yang, in the angelical world as Archangel Miguel and archangel Luzbella, in the religions as god and evil. They never stopped being archangels. Each one of them express their skill perfectly and when you know them, you will discover if your feelings, thoughts and actions are regulated by one or the other.

These two energies are sons of the Totality.

Excluding one as a son would be like affirming that this energy is something that doesn't come from the Creator and in that case, this will convert the Creator into another son, because something without his consent would exist, and these two beings would become sons of another Creator even greater.

In their perfection these two forces express in harmony their teaching of the dual world.

One of them with faith and unconditional love from the Creation. And the other one inspiring fear with destruction, selfishness and pride.

Defining only one aspect or being like something incomplete, imperfect or excluding it from the Totality who is God, would be like saying that something imperfect without the consent of God exists and this would lead again to affirm with logic that there exists a Creator who is greater than these two aspects.

And in turn, we would be affirming that something created by God is imperfect which will leave God as a “botch.” **Smile.**

And if we try to define the Totality as something concrete, we could incur in willing to get rid of any concepts or aspects of it. And if we only get rid of one of the aspects, it would be like affirming again the same, which will leave this one like a son of a greater God. Having said that I express,

* **“TOTALITY”**

“God is Totality without a definition in a dictionary of something that could express all the aspects of what it is or it isn’t and without any doubts being able to become, at the same time, without an exception, without limits, Omnipresent in Absolute Perfection”.

And so we consider that any other limited definition of this expression would be a son of the Totality and an aspect of it by affirming that any aspect, no matter their size, would be at the same time with Him and in Him without an exception.

All the aspects and definitions expressed by philosophies, religions and Sciences would be sons of the Totality without an exception.

Aspects of the Totality,

Elohim = “Serafin”, Querubin, Tronos, Dominations, Virtues, Power, Principalities, Archangels, Angels = “Humanity”, Spirit, Life and Matter.

Remember “**The evil isn’t born, the evil is done**”. And whatsmore, it is shown in zones of third or fourth dimension.

If the predominant energy were the selfishness, pride and fear, we create names for any of these aspects expressed with fear. In its essence **it is always a divine being**, no matter the zone he is or the way he expresses.

As aspects of the Totality that we are, everything that we express, think or do is affected to all of us at the same time.

This definition can clash with the limits that you, as a divine aspect, have established and accepted in your dual material mind.

Accepted by custom or limitation of the doctrine that we were transmitted at our home with the religion, politics, ethics, philosophy or culture of the zone where you are on Earth.

“Every time that it is expected to catalogue something as imperfect or bad, the duality is fed even more.”

ABOUT THE EGO, IS IT GOOD OR BAD?

When a child is born, he brings his active ego.

But evil isn't born, it is made or learnt in the duality.

You choose how you want to be every time.

According to what you learn or accept, you express yourself as you want to be.

If you learn with fear, pride and selfishness, you accept the teaching from the negative part of the being. But remember that you can also learn with faith, unconditional love and sympathy. At the same time, you will choose how you want to think and be, if you express with an energy or another one. You choose.

According to the energy you use, that's the way your guides, angels and masters will be at that instant.

You choose yin or yang.

SPIRIT

Divine bright of the totality which gives life to a divine aspect. Through the spirit, the totality express what we are.

SOUL

It is a necessary vehicle so as to experiment a life state in the material world. This vehicle creates the feeling of division and oversight of what we are really and projects our bodies. I will focus my attention on the physical body and astral body. The astral body can continue living in the astral even though the physical body is missing.

PHYSICAL BODY

It is one of the energetic bodies which projects the soul for the experience of life in the material world.

ASTRAL BODY

It is one of the energetic bodies which projects the soul for the experience of life in the astral world.

This body is only activated in sensitive ones, while we are sleeping or meditating and it continues with life when we are not incarnated. Until we are ready to go to "*the Light*".

WHAT IS THE ASTRAL AREA?

It is a sphere full of spiritual life. It is a world where three energies in three sub zones meet, the low astral, the medium astral and the superior astral. These three energies affect the material world and the incarnated spirits.

This zone would be called vibration of fourth dimension.

It is designed for the experience of the spirit. It contains spheres of material vibration in third dimension and of spiritual vibration which meet in different points and zones according to vibrations.

In the third dimension, the material world is in a sphere inside the astral zone and meet the spirits and energies of the low astral, medium astral and superior astral, in a vibration of duality.

*LOW ASTRAL

The low astral is divided by two sectors, the material low astral (the incarnated ones) and the low astral of the spirit (the un-incarnated ones.)

* MATERIAL LOW ASTRAL

Every person who hurts his environment or himself would have this vibration. They would be the future suicides, tyrants, killers, batterers, etc. I have to include here every negative conduct. I think you have an idea.! It predominates the negative mind, preceded of acts which are damaging for the rest or even for oneself. In the material world this can be judged or not, but the spirit of every living being is taking note of his great feat in the material world. This will generate energy in favor of “**DHARMA**”, or against “**KARMA**” which will be accumulated for his future experiences, as an incarnated spirit or an un- incarnated one.

* SPIRITUAL LOW ASTRAL

Here you can find the un-incarnated ones who somehow abused of the shape world and accumulated what is called karma in great amounts, they usually prejudice themselves and the rest. They can be hurt with the result of their experience and they are afraid of going to “*the Light.*” They don’t think that they are worthy of it, and they know that they have to take responsibility for their karma and the only way of transmuting it is by generating dharma, or by counteracting the karma with the opposed material experiences which caused it.

In other words, they know that if they incarnate, they will have to receive what they gave while they were living. And so, they are afraid of going to “*the Light*”. If the system has something good is that it knows how to balance, but it can also forgive.

Start over with a clean slate!

“They can rebirth and return to choose as we are loved and forgiven in the totality.”

***MEDIUM ASTRAL**

In this vibration you can find the spirits who still have incarnated processes for the evolution and ascension of their spirit.

*** MATERIAL MEDIUM ASTRAL**

Most of the spirits who are incarnated in the planet at the moment have the dual energy with the ability to choose and feel the thought and the positive energy of their spirit. They can be depressed because of their mistakes or fears.

“We know that they have the strength to get up again and make the light, that they are, shine.”

*** SPIRITUAL MEDIUM ASTRAL**

In the vibration of the spiritual medium astral you can find the ethereal cities, like our Home, (Nosso Lar).



“We know that they have the strength to get up again and make the light that they are, shine.”

These cities show the spirit the way to continue developing and choose if they want to return to incarnate or to continue forwards. If the vibration of the spirit is of superior astral, they could choose to be guides in these ethereal cities and even incarnated guides.

These cities are interpreted as heavens but they are really a transit point for the spirit.

The evolution of the spirit always go straight on. Its heaven is the totality of the being.

***SUPERIOR ASTRAL**

In this vibration you can find the spirits that opt for the ascension. Their skills in the incarnations are such that they can choose whether to incarnate or serve in ethereal cities.

These marvelous challengers to spiritual Masters, are an example in the ethereal cities and in the material worlds.

*** MATERIAL SUPERIOR ASTRAL**

The incarnated ones with this vibration would be comparable to great spiritual persons, unselfish masters of unconditional love that have stepped on the planet. Jesus, Siddhartha Gautama Buda before, would be the most known ones. I would add Gandhi, Mother Teresa, and Fatima, as examples of incarnated spirits vibrating in superior astral energy. They are in crucial incarnations for their ascension.

* SPIRITUAL SUPERIOR ASTRAL

The spirits with this vibration like Kwan Yin before, can choose to experiment their last lives, to serve like master spirits in ethereal cities or to ascend.

In this vibration you can find the Saints. And I have to say that the saint vibration is not defined by the laws or religions of the material worlds, but they are defined by the vibration of the divine spirit, bright of the creator who lives in every human's heart.

“The Ascension is a process of a complete pardon, unconditional love and divine compassion”

These spirits feel the brotherhood of the spirit like part of their own Being. What you do to only one of our brothers or sisters, you do it to everyone.

THE FIFTH DIMENSION

The dimension of the Masters.

Inside this vibration you can find the fourth dimension or some spheres of the fourth dimension which contain at the same time the third dimension or some spheres of the third dimension.

Its experience and vibration is very subtle for the incarnated ones, unless they develop this vibration in their spirit.

In every dimension, the zones are defined by the vibration of the spirit and I give the example of spheres.

The elevated “Light” beings can adjust their vibration so as to make their function according to the divine plan in every material or spiritual dimension, and then they should be able to reestablish their light vibration.

So as to understand it, try to mix some water and some oil in a tin, shake it and then observe what happens...

The same way that the liquid density establishes its zone, the vibration of the spirit establishes its zone as well.

When everything is shaken, it seems that everything is together. This would be like the life movement, but in fact every liquid particle preserves its density, the same way that every spirit preserves its vibration.

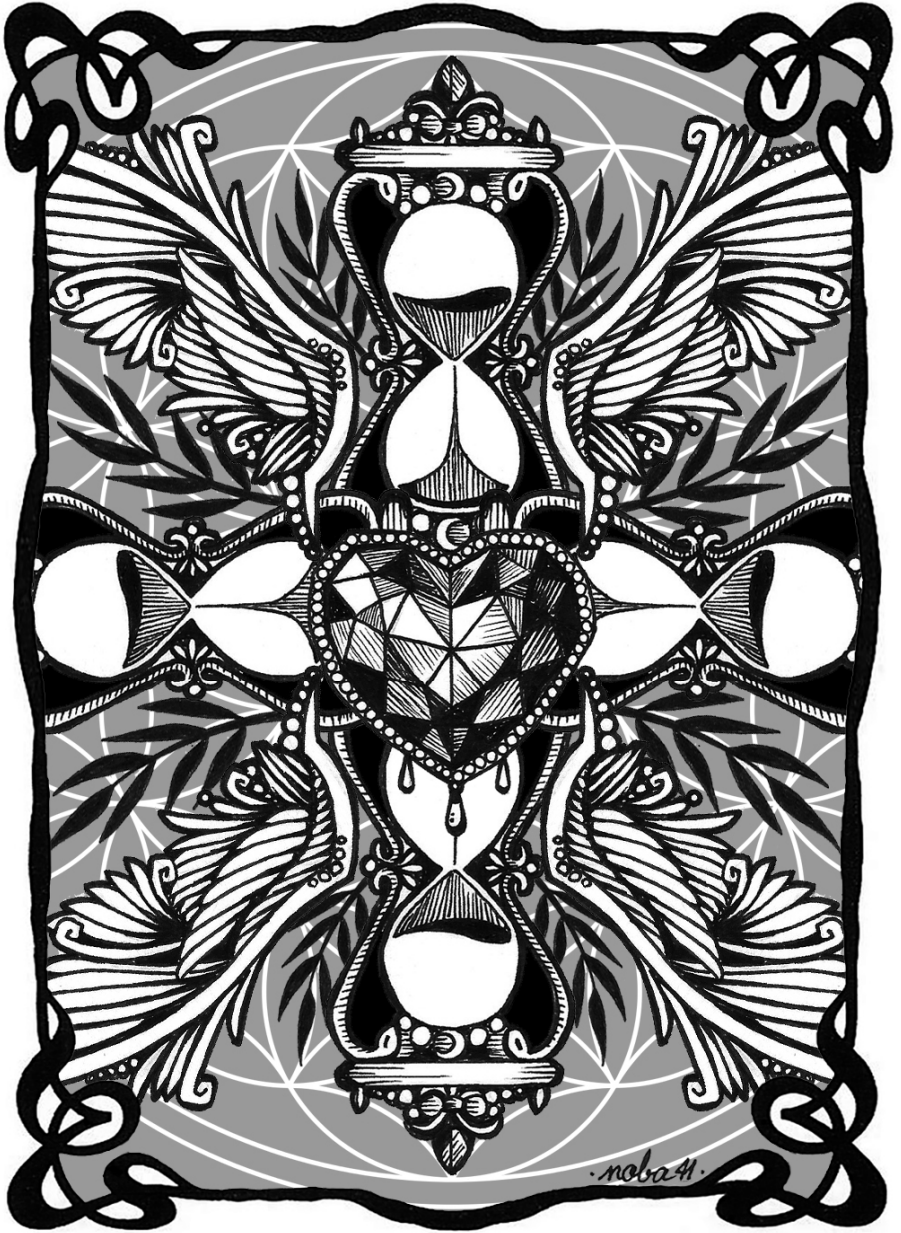
If we repeat the experiment with water, oil and mercury, we would see that when shaking them, these three liquids don't mix and they come back to their zone.

The container would be the fourth dimension containing the three astral vibrations.

With this I want to say that, a spirit with lower vibration cannot coexist in a zone of superior vibration because its own energy anchors it to its zone.

Having said that, a spirit of superior vibration with the Skills of the previous vibrating dimension can go through the material worlds or spiritual spheres of the different zones by adapting its vibration.

These spirits who are able to regulate their vibration so as to go down to the low astral and help their brothers to get out from there, are described like Archangels by kardec. I would add the ascended Masters and other beings from superior vibrations, Elohim, Serafines, etc. to this vibrating skill.



“Your senses improve and get further from the shape world. This sensitivity allows you for being a line of communication between two spheres.”

WHAT IS A MEDIUM?

You are a very sensitive person. You are able to feel, listen, hear, touch, smell or intuit the spirit world.

You are the messenger between two kingdoms, two spheres. Maybe you are conscious to be able to achieve the miracle of the communication between the material sphere and the spiritual sphere.

You are equal to your brothers but after your election and evolution, we decided that you had the gift of the communication among kingdoms.

Be humble with your task! Live in the material world and integrate your functions as the earth angel that you are.

Your senses improve and get further from the shape world. This sensitivity allows you to be a line of communication between two spheres.

You can deny making this service that your spirit chose before his birth, or you can accept to develop and integrate it in your life as the natural present that it is.

Remember! Free will!

Only your doubts and fears will paralyze and limit you.

If you value more the opinions of the others than what your heart feels, it is possible that you paralyze the evolution of this divine gift that the Creator deposited on you. Listen to your heart. Learn to accept you the way you are, don't judge yourself, walk slowly and you will feel the divine Creator in your being as your brother, your partner guide and lord in the life trip. Remember!

With Him and in Him!

So as to understand and accept what you are, we need to accept that the spirit world is real, as real as life itself. In fact, everyone has a spirit inside. Everyone has medium energy in his spirit. Everyone is a divine bright in an adventure called life.

“In this dual world, in the shape world, we can deny or live our essence as a blessing or as an evil spell. The duality of the being is like this.”

MEDIUM TYPES

There are mediums that can integrate the totality of their physical senses in the spirit world or only one part of them.

There are mediums that give in the control of their soul vehicle so that another spirit brother can express himself.

Remember!

Don't judge what they express!

There are spirits who are angry with any events of their last life and can express this disappointment. Some spirits are jokers who are specialized in the earth fears and can be presented as dark beings.

«When I really tell you that they were persons on the Earth since only those ones who were born can be blocked in the low astral of the spirit sphere.»

The sphere of the spirit world is the way that the spirit needs to go through so as to get to his heaven and depending on the vibration, they can be tied to the material world and they can behave like persons. But the reality is that they haven't the limitations of the physical body.

Many types of mediums exist as variations of the spirit behaviors. I'm going to try to commentate on the variations that I have observed and that I have been able to feel and know from my own experience.

However if you are a sensitive person and don't identify yourself, or you identify yourself in some of them, it is perfect. The names I am going to use are related to their skills. There are some studious persons of the spirit world who assigned them other more scientific names.

When a medium is conscious of his energy, he can choose,

* Delegating to the divine service, delivering messages, helping his spirit brothers to leave their load so as to come back to our home in "*the Light*" (...they are practices that I consider beneficial for the spirit and the divine plan ...)

* Taking advantage of it (... which I don't recommend...)

* Or denying his energy essence and the election of his spirit for this life (... which can alter his day-to-day for life...) On many occasions, the medium may not have control about the events that will be managed from the spirit world according to their vibration, faith or mood, energy or fears.

He can also communicate with this spirit world from a sleepy state, a conscious breathing or meditation, with the eyes open or closed. The mediums can learn more skills. (Consult, **WHILE WE ARE SLEEPING** in Let's talk about Angels. – In the beginning.)

There are some mediums that can have one or some of the variations described as follows. Without pretending to catalogue ourselves and from the affection, with all my respect, I will describe some of us.

Copyist or Pictographic Medium

They are persons who dedicate part of their time to write messages from the spirit world, books or some information that they really don't remember to have learnt, and they can be conscious about their origin or not (Writings, drawings, portraits, etc.). If they are not conscious about being mediums, they just attribute these writings or drawings to their imagination. If they are conscious and they accept it, they know that they are to the divine service and channel those messages by sending them to their addressee or they can be the receiver of the message just to read it or later the universe synchronization will make it arrive at its addressee.

The mediums sometimes channel complete books with information that will be very useful in future for the evolution of the material world and the spirit evolution.

Do you think that Julio Verne was only a fiction writer or a channeling who could see the future?

Empathetic Medium

These persons are able to perceive themselves feelings, thoughts, worries, and traumas of their spirit brothers who are incarnated in the material sphere (alive ones with a body) or un- incarnated in the spirit sphere (alive ones without a body).

In most cases, the medium centers his attention in the energy according to his thought, faith, philosophy, religion or education.

If he is negative, he will be centered in illnesses and negative energies. This can produce him shivers, electric discharges and image flashes in his mind. And if the person acquired own fears or inherited ones, introduced by the cinema, or known ones, or cowardly relatives, or books that transmit the fears in the spirit world, the medium will run away from all these events, from the places and from the persons that cause these emotions.

“This is just the opposite of what they should do.” It is a normal reaction. But ...!

“If I can feel it, I can heal it, if I can feel something, I can help.”

The negative mind will pay attention to everything negative by overlooking the solution to the problem, being centered in getting defects and prejudging and ignoring the solutions.

- If I can feel what another person feels, and now I feel his fear, his anger, his dread, his frustration or pain. What would I feel if I could do something unselfish for that person which made him feel happier or just listened and soothed with his load?

“Whatever you give, you will receive it and whatever you receive, you have to give.”

- If I give affection, understanding or unconditional love and if I'm able to listen without judging, What will I be able to feel from this person if he feels accepted? Will I be able to feel his happiness, his soothe, his gratitude, his relaxation or his acceptance?

The spirit empathy is one of the skills that impacts more in those ones who say they don't believe. They usually have jobs related to the creativity, Art or Science or jobs in which they attend a lot of people every day.

Listener Medium

They can listen to messages directly from the spirit world, their listening is related to the energy and vibration that the medium has. A coward will listen to the coward ones, a sorrowful one will listen to the sorrowful ones and an angel will listen to everyone and even to the angels. I want to say that the medium mood and thinking affects the medium energy and the connection with the spirit world

Visual Medium

These mediums see the un-embodied spirits, guides or angels. They can see the energy, the auras and objects or flashes of transmitted sequences by spirits and can receive image information, for example, through letters

For these persons, it is tremendously complicated to show their medium.

The one, who observes something that many others don't see, has been always prejudged by those ones who can't see it.

I know it is very difficult when nobody believes you.

Try not to judge the vision that you receive from the spirit world. Remember that you sometimes see their fears, or the energy result that the spirit emits in a self-opinion, although you will be able to see the angels, this depends on how ready you are when opening that great heart that you have.

Transmitter Medium

When the medium becomes conscious and recognize the spirit essence to his guides and he is free from fears and doubts.

When he is a calm person and dedicates in a selfless way part of his time to the service and the goodness of the spirit, his medium energy migrates to the transmission, being perfectly conscious who emits the message through his being, whenever the spirit considers it is important.

They can write books or deliver messages directly in conversations.

Olfaction Medium

They are persons who are able to notice smells which come from the spirit world.

Where there is peace, they would detect nice scents and where there is conflict, they would detect unpleasant smells. They are able to smell peculiarities of the present spirits. For example, if the spirit was a smoker, they smell the smoke of tobacco.

If they looked for or had a baby, they can smell the scents of those babies. If they worked with wood or cooked, they can smell the scents that identify the person.

It seems very curious how, by means of the smells, these mediums can send information and messages from the spirit world.

Tactile Medium

They are persons who are able to feel and touch the spirit world, be touched by spirits (*...which produces a sensation of paralysis and if the vibration of the medium and the spirit are not in tune, it can be unpleasant...*) or even touch the spirits (*...which seems surprising for the spirits themselves if they don't expect it...*)

- Please, don't hit them if you are afraid of them or if they are provocative with you.

They can receive emotions and information by only touching the person or the spirit, and even with the presence of their energy.

With their ability, they can receive information when touching personal objects which belonged to a spirit when he was incarnated, or when meeting in places visited by the spirit or spirits who want to transmit some information.

Intuitive Medium

He notices, by means of the intuition, energy, presences, and image flashes. Let's say that he can have a mixture of the abilities written before.

His intuition is born from his mood state.

They are very analytical. They are normally unwilling to believe. They find their elections because his intuitions come from their spirit and their energy is based on this life or other lives experience.

They sometimes react negatively to the energy presences. Their intuition as an arachnid way is shot and they react like that because of their fears.

Energy Medium

They feel, detect and see the energy that the feeling, thinking or the spirit produce in a general way.

They are healers, and they generally work as customer attendants and they even touch persons. They are receptionists, hairdressers, aesthetics, massage therapists, doctors, reiki technicians, universal energy, etc...

In most cases, they transmit the pure energy of their spirit by regulating the energy disorder of the environment.

This energy comes from the universe. Sometimes, they feel it as it is theirs and they think that they are robbed energy or something like that.

«Nothing which is mine can be lost.»

This sensation comes from the own fears and insecurities.

The Creator regulates the energy of his brothers through his presence or touch and they can identify that the energy comes out of them and is directed to the others by thinking that they are robbed, but the reality is that the Creator is the one who decides to use his gift to deliver energy or unconditional love support to anyone of us. You are only the nearest angel, the cable which brings the energy.

Psychic Medium

He receives images or complete sequences of events from the past, present and future.

Their visions are related to their mood. On many occasions, they can't control what they receive and the events that they can see are about their doubts or fears, or about the energy of the fears and doubts of the present incarnated spirits or un-incarnated ones.

For these marvelous persons it is very difficult and sometimes traumatic to see, feel and accept that during sleepy states or meditation, they receive visual information of accidents that will happen in the future.

Some events can be avoided and so you receive this information. Don't be surprised if after praying, the event doesn't happen. Or despite all your efforts to warn about that event, it cannot be avoided and happens.

From our perception of the shape world, it is difficult to accept that for some of our brothers, their time in the material life has finished and they must cross to the spirit world.

Please don't hurt yourselves by getting hooked on drama or trauma of the event. Remember that,

“Everyone who passes over to the spirit world is blessed, embraced and loved”

Orator Medium

He usually carries out prayers, decrees and gratitudes by requests which are listened and attended.

Only with his word, he is able to comfort, redirect a discussion or disappear any illnesses or conflicts, unless his energy is based on a negative thinking. This would derive to the jinx lifelong, that one who can't open his mouth because everything happens to him. This medium has the gift of the Word.

The medium energy depends on the thinking, mood and faith of the medium. I insist on it and I have to remind it. Use positive thinking and words.

Medium of the Elements

They can use the earth elements (stones), fire (candles), water (drinks), air (*essences*) and spirit (*plants from the mother earth*), to help their brothers.

They intuit what each person needs.

Free of doubts, they are great workers of “*the Light.*” They usually work in food sectors, herbalists, pharmacists, chemists, ecology and jobs related to the building.

Enhancer Medium

His energy potentiates, stabilizes and increases the skills and energies of every medium and present sensitive ones.

He can also, because of his empathy, copy a skill and without thinking or knowing how it works, use it just like that with the same ability as the medium or the sensitive one who is near. When it is known about his ability, it is very recommendable that a sensitive one with this medium energy and a positive and open mind becomes part of a wheel or a circle of transmitters who guide to “*the Light.*”

Guide Medium

This one has a very special connection with his guides and is able to guide a circle of transmitters, mediums and guides to “*the Light.*” If he observes any possible complication with the work that happens, he has the capacity of calling his custodians or guardians of the spirit being guided so that they participate and stop a conduct which is harmful or inappropriate.

Angelic Medium, “Divine Presence”

This type of medium represents the evolution of the human spirit. He develops all the said skills and even more. He is conscious of his service on earth.

He can be a guide or an inspiration instrument for many. He feels the material sphere and the one from the spirit, spheres of the guides, masters and angels.

He Feels the Father-Mother integrated in his being. He potentiates the medium energy of his brothers, he becomes a face-to-face generator of unconditional love on earth and he walks integrated among us. He can be unselfish and subtle, or makes himself known.

Whatever you are and choose,
*“Thanks loved brothers, thanks loved angel of
God, glory are you that walks among the human beings
and you blesses them with your presence.!”*

How does a Medium Receive the Information?

Whatever the medium type is, he receives the information by the same channels that the senses and the physical intuitions act. In other words, if every human sense were a circuit and in front of it he had the organ which provides information to the mentioned circuit till the brain, the communication energy that the medium has is able to receive information by the mentioned circuit without using the physical organ that perceives the said information.

For example, the sight circuit would have the eye as the organ. The spirits are able to send information to us through this circuit by using this medium energy and this one receiving images and see complete sequences without the need to be using the eye so as to see the said information.

This information comes to the medium when it is time or in a simple instant, everything depends on the capacity of the medium to assimilate the said information.

Function of the Mediums in the Spiritual Process

In the Aquarius Era, the human being will wake his medium energy up so as to migrate it to channeling or angelic energy and be conscious of the spiritual sphere.



“In the Aquarius era, the human being will wake up his medium energy so as to migrate it to channeling or angelic energy and be conscious of the spiritual sphere.”

During the jump and migration of the substance of the third dimensions to the fifth dimensions, this substance will be conscious of the spirit world, the guides, masters and angels.

The integration of the said energy is conditioned by the faith, the thinking, the feeling, the actions and the fears or acceptance of the medium. Everyone has a medium energy and it will wake up in this era.

Would you be afraid of death if you saw your loved beings again?

The human being forgot his essence in the shape world with the materialism, the spirit essence. As I said,

- ***“The spirit needs the faith, believe to create, believe to see.”***

And it is time to take up this connection we forget. So that the jump is possible, all the medium energy available in the planet and in the human beings will be activated.

- *The function is to help all your brothers who are blocked in the low astral to come back to our true home “the Light” and to ascend by means of the pardon and a frequency of unconditional love never seen before.*

Because of this, the medium activity will multiply and go into effect... ***“and dead bodies will come back to life.”*** That’s to say that they will become part of life, they will be seen and felt by the living for all levels. And they will be conscious that life continues.

For this, there are only the manuals that sensitive persons wrote and channeled before us. And many of them were branded as apocryphal, occultism, fiction or who knows? writings.! As if that weren't enough, they were dressed with fears and doubts.

But nowadays, the human being is fairly free to be able to find out about on his own in the middle of the information era. The truth will come out to "*the Light*" and the human being will remember that he is an incarnated angel.

Once everything is reconnected with the divine essence, he will consent to the spirit wisdom. Everything depends on our heart so as to feel and accept this evolution of the being.

As always every human being chooses with free will but, in two generations, everyone will bring it integrated in his spirit, because since the year 2000 every child who was born is crystal or christic and if you don't integrate it, your sons and grandsons will bring it done.

"Now, it is the time for the angels to walk on the Earth."

THE FEARS

The fear is born from the emotion and intense sensation of perceiving danger.

**The human being considers a danger,
"Everything he does not know."**

The only way to eliminate the fears is by facing and accepting the danger with consciousness so as to overcome them. When you know how to face or solve a danger, this sensation disappears and is replaced by a confidence sensation.

Which is the basis of the knowledge on earth?

Everything expressed in Art, writing, documentary cinema, music, etc. is the basis of the human knowledge. Moreover, the medium can access to the spirit wisdom (akashic registers).

When you access to the human knowledge basis, you have to separate the wheat from the hay by being able not to acquire more fears than the ones you have. If you read the experience of a coward, you can acquire his fears, it is about to eliminate fears.

The spoken or written stories, the radio, the cinema and the sensationalist television have worked arduously to extend and feed each type of fears.

The fear is a method of control and limitation of the faith and the thinking. Your fears are your limits, so as to eliminate them you have to overcome the limit of your comfort area and feel what there is further on.

We have to remember that the patterns of learning about the material world can be a fiasco in the spirit world. Psychology can help a lot in the spirit world.

In the end, every spirit in the sphere of the astral area of the Earth has been human before us, so I recommend that the standpoint is like talking to a person. This should eliminate the fear sensations. Unless in the real life we are also afraid of talking openly with people.

Here someone will be thinking,

- *Of course, how easy it is to say it!*

I remember you, **“I believe in you and I know that you can.”**

What are you afraid of?

You have to discover what it is you are afraid of so as to overcome it. I recommend the practice of Uriel about the four leaves detailed in **Let's talk about angels I.-In the beginning.**

Fear of Death?

In a technical way, you shouldn't be afraid of death, because you are conscious that life continues afterlife.

Maybe, we don't completely understand some of the concepts we feel from our spirit brothers, but the spirit is endless and can choose the experiences of life or lives that he wants to have, by always coming back to "*the Light,*" where he remembers who he really is and all the experience acquired through his tour in his lives.

Just in case you are still afraid of death, don't worry in excess.

This will be going when you remember that you are here a minimum of 777.776 lives and technically you should have overcome this fear, but as the erasing system "forget law" works so well, we rarely remember it from one life to another. **Smile.**

Fear of Spirits?

Being afraid of spirits? Well, I don't find an essential difference between being afraid of a human being you don't know and being afraid of a spirit you don't know. In Both cases, they are spirits at the same time. The second one should go to "the light" and remember who he is in reality.

In many cases they are afraid of this experience. It is the same fear that the human being has of the change that it is produced with the physical body death.

It is another stage of life, it is another vibration change of the incarnated or un-incarnated spirit.

Until he doesn't go to "*the Light*" a part of the ego (*soul vehicle*) remains somehow active.

Fear of Angels?

Those ones who are convinced of the lie of not being worthy of their divine essence think that they are in the darkness and their egos behave like that.

I personally think that they are the ones who bring more "*Light*" to this world, but as they still have many lives here, they somehow reaffirm their denial of the being by expressing with their ego the negative part in all its splendor, negative thinking, negative actions, ...

They seem to enjoy with other people's harm and they grow all the negative feelings they can but they are not happy. It is really a method of spiritual masochism that I am not able to understand, but ...!

“In my father's house there are many dwellings, many kingdoms and ... many stubborn persons.” So, another one is not going to be noticed!

Smile.

Being afraid of angels is a senseless unless you are afraid of going to "*the Light*.”

I understand that there are spirits who are afraid of the judgement or going to “*the Light*,” but for real, if they are really so clever, they should remember what there is there, don't you think the same?

I understand that they are afraid if they think that they will be judged there. If they really fall in love with this world that they don't want to leave, going back to “*the Light*” is the best option so as to go back to the Earth they love so much.

Having said that, the one who made a complete mess has to come to serve and if they remember which that service to our brothers is, it is possible that they don't want to go to “*the Light*” to come back and in that case, they prefer to be standing. Facing this type of spirits, it is better to call an angel and he will solve the problem.

Now you know exactly who is afraid of angels.

Fear of making mistakes, of doing it wrong?

Being afraid of mistakes is like being afraid of responsibilities. If you make a mistake, simply assume your responsibility with your election “**Rectify is of wise people**”

Accepting that the result of every event of our life is our responsibility because of our elections, although we decided before being born and later we don't remember them. It is to beat your ego and without any doubt the ego is an important part in an experience of duality.

So it is there, it will make you doubt and be afraid over and over again. But the wise or the scientist knows that mistakes are part of de discovery. Making 1000 mistakes and get it with the 1001st attempts is achieving it.

The only problem is that we make so many mistakes that we are here in this compendium of incarnations, in the duality more time than necessary.

How we do not generate karma!

And from here, we really leave being clean of loads, so while we are making mistakes, the spirit will have to correct them again even after ascending.

Because of this, there are many guide masters and incarnated angels helping and repairing their mistakes of previous incarnations among us at the same time. And besides they don't remember who they are which is even funnier to observe.

“I think that the Creator enjoys a lot with us.”

Fear of being unable to come back to your body?

You will see, although you think it is incredible, some of them forget that their guide, their two guards, their guardian angel, the archangel Miguel, their ancestors and the masters are next to every human being during their life experience.

But we pay more attention to a negative energy which disturbs us than they do. And when they forget this, they are afraid of being alone when they enter in that subtle sphere, in the spiritual astral. And they are afraid of not being able to come back to their bodies which increase their fears and insecurities. When you are afraid of something ask for help to your guides. Trust!

«We are here to help you to integrate the gifts that you have because of your achievements as a spirit. »

Fear of the Darkness? Fear of the Devils?

I'm going to ask you a basic logical question, if you are afraid of the darkness and you are divine "Light" but you don't remember it, although your spirit is showing it to you by means of your fear.

Then... if you are afraid of the darkness.

Tell me what are you?

Darkness is not afraid of darkness.

So, what are you?

Moreover, imagine that we, your guides, know who you are really.

- You are an incarnated angel with some divine missions and we want you to attend some of our brothers who are messing things up.

Yes! That brother, who needs help, incarnated or not, vibrates as if he were darkness because of his doubts, worries, prejudices, loads, and an emotional state or fears.

- What are you going to choose? Will you help him come back home? Our home in "the Light"?

And I will tell you more, if you are able to make him feel happy and you can feel in an empathetic way his sorrow.

- What do you think you will feel if he is happy?

But of course, what we don't like or don't accept divides us. It is a part of ourselves with what we have a conflict.

-Until when will we feed the sensation of false separation, because of duality, of the divine being that we have inside?

Try to be more unselfish. Observe what you give the others and you won't have to worry about what you will receive.

The devils? Let's see! The invention of the evil belongs exclusively to the dual experience. They were negative angels.

Do you remember?

- They had a mission, making you do it wrongly so that you remain in the duality longer.

Moreover, the fear is the oldest control pattern so as to make everyone follow some opinions or rules which suit exclusively the ones that decide about those rules.

And your fears become your limits. And what you accept as patterns or rules become your limits.

You accept that the evil exists and you say that the good does not exist.

- Interesting opinion!

You are able to see everything which is wrong in others but you don't see that if you observe too much the ones who do it wrongly, you finish doing the same. This control pattern has been used by religions, philosophies, politicians, governors, etc.

While the human being who denies his own divine essence is lazy, he will because of fears cede that power to the ones that practice it. Some people are afraid of God, they are afraid of their Father-Mother.

Ask yourself why. Maybe someone convinced you that you are a sinner. Who knows? Are you able to accept yourself the way you are? Will you be able to forgive you?

Fear of your action judgement?

Let's see! How do you think that the Creator knows all your thoughts, all your conducts, all your secrets? This is because He is inside you. So, do you still think that "He" will be the one to judge you?

He only wants that you accept yourself the way you are, that you love yourself and love the others and that you accept them the way they are.

Without any conditions. Because it is in you, you are with Him and in Him, you and everything around you.

"Love God and thy neighbour as thyself"

Yes, I express it in other words, because loving God above everything is like saying that things are not God.

"Affirming that something is not God's is like saying that something exists without God's consent"

- Can it be a translation mistake?

Will you be able to accept this without judging any of your acts or elections, from the past, present or future?

He is the one who chooses for you, the need, the solution and the result.

You can be conscious of it or deny it.

Denying it only makes the experience in the dual world longer. You choose.

And you know exactly how long you will judge yourself and the time about you and the others.

Welcome to the dichotomy of the being. **Smile.**



“How do you think that the Creator knows all your thoughts, all your conducts, all your secrets? This is because he is inside you. So, do you still think that He will be the one to judge you?”

WORLDLY AND SPIRITUAL GUIDES, GUARDS AND ANGELS

In occasions, because of your doubts you are going to need guardians facing your fears, doubts and challenges.

You will need angels to help you balance all your emotional states. You will need guides in the material sphere and in the spiritual sphere.

We will deliver them to you integrated daily. Some of them are spirits similar to your spiritual evolution and will go through the way next to you, like masters, brothers, friends, guides, disciples, etc...

Accept them the way they are, don't judge them because at the same time they carry their own loads and experiences of life.

Worldly Guides

They will appear in your life like masters or instructors of spiritual or material disciplines.

Learn from their good deeds and as I told you, don't judge them, enjoy their knowledge when you see them.

They are like a family, although you see them as unknown ones, you feel them as a family. It is their spirit who sends this signal to you.

In the spirit world, you will have a minimum of four guides. They can be fixed or change among them while you are interacting with your earth masters. I remind you that there are also suffering guides.

You should center yourself in the teaching of positive thinking and unconditional love. But Ok, like everything! Free will!

Spiritual Guides

Their vibration and energy comfort yourself, they will show you the way, but they will never choose for you.

Their suggestions will be subtle and they may disappear when your inflection points arrive, there will be moments in your life in which you will have to choose.

But you will think that they are not there, this is only in appearance because they will always remain next to you as they feel and live all your experiences with you.

They are with you when you cry, when you are happy and when you have intimate relations.

- *Sorry? Oh! Didn't you know that?*

They are “always next to you, always in our heart.”

Smile.

Worldly Guards

They are usually people who love and protect you. In occasions because of being incarnated, they will adopt roles of parents, relatives, friends, sentimental couple or teachers who will tell off, normally in excess. This happens because they love you so much that they are afraid of losing you. “Over-protection.” Be patient with them because you chose them for the role they act in your life creation before being born.

- *Don't you remember it?* Well! This, together with some more lives will pass over and you will begin to remember. Meditate if you want to remember. **Smile.**

Spiritual Guards

Everyone has two guardians assigned, two guards who will protect you along your worldly and spiritual experience of coming back home.

When someone tells you off, pray his guardians and ask them please to attend their brother, that one who disturbs you in your life experience.

“Loved guardians of my worldly brothers. I want our relations are in harmony and peace for me and for every being. Thanks for it is like this.”

They can also be changed according to the different events in your life and they work under the protection of the archangels who can apply for the presence of any of them so as to help you to improve.

Worldly Angels

How many times has someone comforted you? Or you have comforted someone who you don't know or maybe you don't get on well with him for a significant event in his life?

You were there like a worldly angel assisting your brother who needed it. We are sorry but you were the nearest angel!

You know the two first worldly angels you are assigned as Mummy and Daddy or like Maid or Bro, Granddad, Grandma or Partner. They are your assistants. They transmit you their experience in this world. As I told you,

- Please don't judge them!

In fact, they don't remember who they are.

And remember, if there are patterns that you don't like, one day you will be able to forget your consciousness and begin repeating the patterns that you observed as wrong ones.

Every human being is a worldly angel, but he doesn't remember it, this is what the forget law has in the duality of the being. It is curious that when a baby is born we say "he is an angel" but when we grow we forget this.

And in a free will state, he can choose how he wants to be and be responsible of his creation, or not?

Spiritual Angels

You will see! If all of us are worldly angels, when we go to the spirit sphere, we continue being worldly angels.

If we become entertained in the astral life of the spirit, it depends on the prejudices that our worldly ego had created.

We will feel and identify them as brothers, guides, guardians, masters, ancestors.

Yes, You will see it!... Your first angels are maybe your family relatives from this or other lives and they watch over you, they want you to be happy.

If what makes you be happy is causing trouble, then we will assign you a group of bloody ancestors so that you instruct your task.

But remember that the creator compensates your elections in future lives until you understand which is the purpose of this dual system.

“Love everything unconditionally”

SPIRIT TYPES

There are so many different behaviors of spirit energy in the astral as in the human beings.

I'm going to try to define them by their vibration or vibrating area.

Low Astral Spirits

In this spirit existence you can find those who judge themselves or think that they aren't worthy of their own "*Light.*"

They have forgotten their essence because they have centered their energy in a judgement, prejudice with the others or with themselves.

These spirits can think that they are devils or fallen ones and they are those mediums who are with the material vibration of the material low astral.

Sincerely they are our brothers and sisters who are blocked in a vibration which is a consequence of the negative part of the being, they are caught in the lowest expression of their own duality.

Don't judge them, because most of us were there more than once.

Thanks to the marvelous divine plan, none of the spirits stays longer than necessary in his hell, so that's why an archangel or a master will help you to remember who you are, just in case when disincarnating, you would be blocked in this vibrating zone of the spirit.

Some of them believe their role of bad ones so much and their forget lie that they are a true nightmare for the mediums and the most cowardly incarnated ones. I remind you one more time, ***“Don’t judge them! We didn’t come to judge our brothers, spirits, incarnated or Un-incarnated.”***

Medium Astral Spirits

This estate of the spirit contains those who decided to live the duality and the life again so as to improve their vibration as spirits and experiment the totality of the Being.

Remember that you can stay involved in the vibration of the low astral if you let your pride and selfishness prevail in the material ego.

- The free will and the duality are what they are!

You can find them experimenting and overcoming processes, roles and material parts, aspiring and developing to the superior astral vibration.

Normally no one lowers his vibration unless it is a mission of the divine plan, what happens is that they develop and then they go up from their spiritual vibration. No one is more than no one, not even less.

Superior Astral Spirits

As we talked about, here you can find the spirits who are guides for many of the “*Light*” workers such as our ancestors, the saints in service, spirits about to graduate in their ascension, guiding, guides, guards and observers of the divine plan.

They are a love and an example in harmony.

They eliminated their prejudices with a discipline of pardon, acceptance, sympathy, compassion and unconditional love to their spirit brothers incarnated or not.

ASCENDED SPIRITS, MASTER SPIRITS

They are the pure ascended spirits who balanced their duality vibration and led to the Purity of the being. They are trained to feel and live the states of Trina existence in the unit.

You can find them in the fifth dimensions and they are able to feel all the experiences of the third and fourth dimensions at the same time as part of themselves.

“With Him and in Him. And I will live in each one of you, I will walk next to you, until one day you will be able to see me and feel me inside you and everything around you.”

Does this follow?

Of course it follows! What did you expect?

Smile.

MY EXPERIENCE

During the different talks, discussions and conversations that I have had or organized, many of the people I have interacted with asked me,

How did everything begin for you?

In my case, everything began four and a half years ago.

Well! This is a way of saying it, because all of us began long ago and many lives ago, but in this life, my spiritual awakening has been interesting.

Everything begins in each life just before being born, when we fill in that form where we suggest the Creator some of the events that we would like to live and let's say that there are some options.

Where it says,

How do you want your spiritual awakening?

- *Without spiritual awakening.*
- *Spiritual awakening with the religion of my area.*
- *Spiritual hectic awakening.*
- *Spiritual bad luck awakening.*
- *Others.*

And so, I marked "*Others*" ...

And... other ones wake me up and of course!

It has been like... when you get up in the morning, being a child, one of those days in which you don't want to go to school. Some of us have a turbulent awakening!

The process to remember lasted six days, but my ire and anger against the world was such that I couldn't walk like that, that's why we caused a reset. I called it like this and I didn't know the reset from Susane Powell, yet.

Please! I know that some of you are sensitive with the subjects related to the spirit. This is due to the patterns of fears which are inherited from our ancestors or acquired by the Literature, the sensationalism and the horror cinema which have made a mark on the fears as they get amplified.

“I encourage you to continue reading even if you are afraid. Go ahead and you will see that there is always light at the end of the tunnel”

Well! You will see...

MY FIRST EXPERIENCE WITH MEDIUMS

Four years ago, my youngest son was only 18 months, and my daughter 6 years and a half.

One night, after a work day like another one, we went to sleep. The little Jesus was sleeping in his cot in our bedroom and my daughter Nerea was in her bedroom sleeping, too.

After putting my head in the pillow I began hearing some voices who came from the aisle, they were saying,

- Let's go for them! For the children!

I asked my wife,

- Do you hear them? And I sat up on the bed.

- I don't hear anything. What is happening?

- I think there is someone in the aisle!

I went to the aisle and I turned on the light. Everything was in order and in silence.

- *What's the matter?*

- *Nothing! It won't be anything! I happened to listen to someone talking.*

I went back to bed.

- *Let's go for the children, now that he has gone to sleep! Again!*

I stayed alert in bed and I noticed a presence next to me, so I got up quickly. This presence opened the door of the bedroom which was half-closed and went to the aisle and I went after it. It went to the sitting room. I followed it and turned on the light, that presence dissipated just in front of me.

In that instant I didn't know what to do, I went through the house looking, I was surprised. I have never *seen anything similar*. That night it was complicated for me to get to sleep, my wife was worried for me and I was alert with what had happened.

The following night, while I was sleeping, I noticed a presence close to me again, so I got up and I saw it going out of the bedroom. I followed it and it went to the toilet, it went in and I after it, I turned on the light and the presence dissipated, I went back to my bedroom and I asked my wife.

- *Have you got up to go to the toilet?*

- *No!*

I went over the house again and found nobody. This was beginning to worry me!

A couple of nights passed by and in this occasion I was nearly sleeping, in that state called light sleep. Without further delay! Two presences!

With a,

- *Now, Now!*

- *One grabbed me by my forearms and the other one by my ankles, I felt a sensation of total paralysis.*

- *Who are you? What do you want? What are you doing here?*

- I asked them, but they kept silent. I didn't understand anything, my anger and ire were such that I turned brusquely and it set free one of my arms. When it set free my arm, I grabbed its arm and the paralysis became pronounced even more.

- *We can't with him! Let's go for the children!*

I was furious, I opened my eyes and there was an arm on the air, I was grabbing it. When I dropped it, it dissipated and while looking at my bed feet, I saw a presence, it was standing, with bright eyes, looking at me. I got up furiously and went after it, when I turned on the light, it dissipated in the aisle again.

When I told this during a family dinner, all of them said,

- *It would be a nightmare!*

- And as I believe the other opinions, I accept it and think that everything will continue as if it is nothing.

The episode was repeated, this time with more immobility as ever. They kept saying,

- *For the children! We can't with him!*

And so I said,

- *That's enough! Up to here!*

In that instant, I remember vaguely a very intense light, I was angrier than ever and I said,
- *Whose are these spirits? Who do they belong to?*

I was able to see how one of them got away, the woman remained near and said,
- *We are obliged to do this!*
- *Who obliges you?*

I brought together all of them, I called the Celestial Light and the Darkness and I asked again with a voice that I didn't recognize,
- *Whose are these spirits?*

Some expectant lights appeared. They were green, blue and red with a great white light in the centre of the room and a black one just opposite. Then, I opened my eyes and I suddenly woke up. I sincerely was so angry that I would have finished with all of them that time.

This time, I phoned my sister and told her what was happening,
- *Don't you know anybody I can talk to? Yes! I know you think that they are nightmares, but for me they are very vivid. It is another thing! I can change a nightmare while I'm sleeping and I can't change this and I can feel it even more than if I were awake.*

My sister told me,
- *I have a friend, I can tell her to go to your house to speak.*

I met then one of my masters on earth, Sara. I told her what happened and my sensations.

- *I'm so angry with them that I would send them to the darkest hole.*

- *No! Don't do that!*

- She corrected me.

- *You have to guide those spirits to "the Light," moreover, there is a third spirit who isn't good.*

- *A third one? I haven't told you about a third one, I have only noticed two.*

- *This third one manipulates the other two. Be careful! and remember, send them to "the Light"!*

I was comforted when I talked to her. I had my own sensations about that, but she was right, because no matter who they were, going to "the Light." must always be recommended. That night I was expecting to find the two presences, and in their place... «*Damn, Damn!*» ... There he was the third spirit challenging, I looked at him and said, - Who are you?

He directly attacked me, hitting me and after that, it is something hazy, but I remember feeling much more than a shadow. This spirit vibrated very low. He was a spirit who denied his light. It is what I noticed.

So I remember having painted a circle and being inside this circle fighting with this spirit. I divided him and delivered his essence separately. I called the archangels so that they took him where he belonged to be.

I noticed resignation on behalf of the archangels facing what had just happened. After this, I came back to the scene where I was in front of those lights and I heard a voice, who said,

- *She wants to speak to you!*

I let her approach. She was the woman and I asked her,

- *What do you want?*

-It is because of my son. He ran away. Now, what are we going to do?

-You should go to “the Light”, if your son comes back, I will tell him.

Nobody deserves to be obliged to hurt others and less the children.

-I'm sorry.

-I forgive you but tell me. What do you choose? You can go to “the Light” or come back to the darkness.

-I'm going to go to “the Light.”

He brought closer to the white light in the middle of the room and touched it, when she did this, she was lighted up completely. And from the light, a voice.

- She has chosen! You have to say goodbye!

She came back closer, this time very bright. She said,

- You have the guts! She gave me a kiss and she said whispering,

- Take care of my son, send him to “the Light.”

When she came back to the center of the room again, a very intense light exploded and a door opened.

Here I woke up, I was confused, I didn't understand what had just happened.

Some days passed by and I noticed a presence again, he was bringing closer to hit me directly, but when he touched me, he lost strength, he was like a child what seemed to be an adult before. This was very strange, I smiled and told him,

- Don't hit me!

He went away being more powerful and having more strength like if he weren't alone when he immobilized me and said,

- You have taken it!

In that instant, my fury exploded again and when I was going to hit him, he mentioned my name.

- *“Loren”!*

- *You know my name, do you know me?*

And he repeated again,

- *“Loren”!*

This made me stop suddenly and wake me up.

- *How is it possible? A spirit knows my name? Does he know me? Who is he? Why is he hitting me if he really knows me?*

Too many questions and very few answers. So, I spoke to my sister again and I asked her for help. I didn't want to lose my self-control and hurt somebody who knew me.

I expressed by intuition,

- *I would like to speak to Sara again, but a little child will come with her, I don't know, someone else will come.*

Sara phoned me and we spoke. She asked me,

- *Can I bring a medium?*

And it seemed to me fine. It will be the only way to know who that spirit was and maybe I could discover something else. Some days passed by and one night they came home, we sat in my bedroom and the “Little child” (this was the way that Sara called the girl medium, Magda) sat on a chair and after some breathings, she connected. I noticed the fear of the spirit. I told Sara,

- *Can I ask him?*

- *Yes, you can!*

- *Hello! Can you tell me your name?*

- *Manue.*

- *Hello Manue! The other night you were hitting me and I wanted to hit you. Did I frighten you?*

- Yes.

- *But you said my name. Do you know me?*

- Yes.

- *Wow! But I don't remember you, but forgive me*

Manue, I didn't want to hurt you.

- *My mummy went away and now I'm alone.*

- *But Manue, your mummy went to "the Light," you can go with her if you go to "the Light" Do you want to go with her?*

-Yes.

Here Sara indicated that it was the moment, so I didn't ask anything else. I should have asked him so many things! But I felt that this child had to go on.

It was the first time that I have seen what a medium is able to do.

Then the medium guide spoke and I remember that he asked me,

- *And your cross? Where is it?*

While he was speaking, a tremendous amount of information flashes arrived at me, but I was very disturbed. He said,

- ***"Go slowly, check your Faith and don't Judge."***

This guide spoke to me like if he knew me. All this information made a mark on me at the right time. We said goodbye to each other. I asked Sara her phone number just in case I needed her.

I have eliminated every pattern of possible fears in this story. One day I wrote something and my fears were reflected in the writing. Nowadays, I can write just like that, as I know for certain that our guides and angels interceded every time.

I told my sister what had happened and she told me,

- *I know who the woman and Manue are.*
- *Yes? Who is she?*
- *She is Juani's mother and her brother.*
- *Really?*
- *Do you remember when our aunt met her,? They came to our house to have lunch one day and there we met.*
- *Yes! I know now that you mention it.*
- *And what should I do? Should I speak to Juani?*
- *You have to decide that.*
- *¿And what am I going to tell her?*
- *You had better not say anything.*
- *I understand you, but if someone could talk to me about the ones I love the most are well, I would like to listen to him. Although I believe it later or not.*
- *Well, you decide.*

I considered something very difficult, telling a person I appreciated very much that his mummy and his brother were fine and that they had come out from where they were to go to “*the Light*”.

To tell you the truth I was terrified by the rejection, but I decided to talk about it with naturalness like if it were something normal.

The two of us cried a lot, it was very emotional. And to my surprise, Juani accepted the information with a lot of affection and told me,

- *In my family there always existed a curse and it seems that you have broken it.*
- *Nobody should pass over something like that. Serve others to do harm. Well, whatever it was, now, they are fine. And nobody else from your family will remain aground in that place. I will beg for that.*
- *Thanks.*

Well, now Juani belongs to the family. And the family is bigger than I thought. My family is the humanity, the incarnated or un-incarnated spirits, the angels, the guides, the spiritual and ascended masters, I call all of them the same,

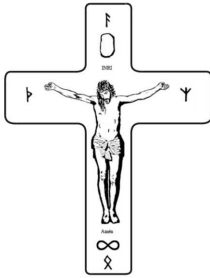
- *Loved brothers and sisters, loved angels.*

Accepting each one the way he is. I learned something and it is that all of us are equal and ...What about those ones who I thought were bad? They are also equal.

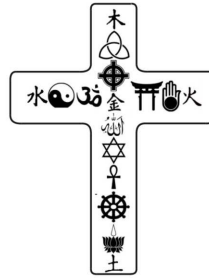
Only three days later, I began to draw and locate symbols. This was contained in all those sequences that came to me when talking to Magda's spiritual guide.

I carried out a search of the symbols that were repeated in my mind again and again, I ignored the meaning of many of them. When I located all of them, I put together the following drawing with them. "***The Cross***" by writing the following four years and a half ago.

The Cross



Front part.



Back part.

“The signs and the symbols can have the interpretation you give them. But their final meaning is the one that the group gives, pure of heart, without bad intention.”

In my first conclusion, I thought that the cross represented the humanity, because signs and symbols of the religions or significant beliefs in the planet are shown in it.

What my heart feels is the first he expressed, it's the same for me his creed, status, religion or colour. I appreciate the humanity and I have faith.

I will talk about what I have found, about love, about faith, about myself, but I have to be humble when talking about myself, I have to isolate my ego and when talking in first person, I don't pretend to give me value or importance, but all the opposite. I am one more, I'm a son more. I don't pretend to be important, I don't ask for acceptance about what I write, I only want to write about the truth, my truth, the truth from my heart. If you read this is because once you asked yourself what the answer to all the questions is.

What is the truth?

As the Father wishes.

Depending your election freedom, it will be like you want, but the result will be as the Father wishes so that you learn.

Everything I have read about the symbols have led me read about beliefs, religion, faith, cultures, Science, Philosophy, love and devotion to the deities and to their messengers, the angels.

He told me,

“Go slowly”

I interpret it as,

“Walk slowly, don’t run, because the one who wants to run can bump into. But if you go slowly, you will be able to observe the stones on the way and correct your way so as not to bump into.”

And I didn’t understand it until I fell down the first time. Since that instant, this small sentence resounds as an affirmation.

- Go slowly. Do you see what happens if you want to run?

“Check your faith”

What a simple sentence, at no time a so simple sentence was going to lead me up to discover so much and to answer so many questions, and feel my faith.

I don’t know if it was an affirmation or an instruction.

- Check your faith!

And I asked myself,

- What do you believe in?

I began to ask myself and the questions weren’t new, my mind remembered that I had already asked myself about them or someone had done so before.

WHAT IS FOR ME...? FAITH?

Faith is the love that we give back unconditionally to the eternal Father through the unconditional love to his sons.

... ETERNAL FATHER?

The eternal father is the eternal Trinity, he is the universal Creator of absolute love, father and mother, son and saint spirit, simply God.

The Father is known with many names according to the different cultures, religions and beliefs.

The Trinity is one in itself, but it has been called with many names.

We need to give a name to everything. It is very easy to say father or mother if you feel more comfortable, because he is Father and Mother at the same time. He has created everything.

He has created what you can see, what you can explain and what you can't see and can't explain as well, but He doesn't choose for you.

He decided to give freedom to all his creation, and although everything has a sense and a unique direction which is approaching to his presence, we can choose to go away, something that I don't recommend, or,

“Getting closer to Him is something that I consider vital and necessary.”

“Don't Judge”

... JUDGE?

Judge is being able to decide if what somebody does is good or bad.

Who are we to judge the others? He can only judge us, we can't lie to Him.

You can't mask what you feel. Your heart and mind will speak on your own behalf and you will have to be humble. Your answers will have to contain love and your own essence.

How easy it is to see the mote in your brother's eye, how easy it is to judge, but how difficult it is not to judge!

If you really want to judge, judge yourself and you will discover what is imperfect, how impure you are, the darkness of your essence and your spirit and so, you will discover the selfishness is inside you.

... **NOT TO JUDGE**

How difficult it is! What a difficult way!

We have to walk slowly, check our faith and don't have to judge anybody. We have to be humble from our heart, humble of spirit and don't have to judge.

During my conversations with religious people, I always find them judging, not only themselves but all the others and even God.

Who are you to judge God? Who are you to improve his creation or pretend to be better than He is?

Once, only once, an angel became a devil (*negative angel of the being*) just because he pretended to judge God or his creation.

But, don't even judge that angel who lost his name! He has a task in the creation. In that occasion, he chose badly!

Only oneself can choose, don't pretend to be better than God.

Don't judge any of His sons, but go away from darkness and from those ones who choose to stay in it and judge the Father.

... GOOD AND EVIL

What is right and what is wrong?

What one likes and thinks it is right, the other one is uncomfortable and thinks it is wrong.

How can we differentiate what is right or wrong in a material world which is regulated by ego decisions?

Try to put yourself in another's place before judging him. Look with his eyes, feel with his heart and then you will see that you could do things the way you don't disturb anyone.

If you don't find this way, why do you judge him? Why don't you tell him...?

- This disturbs me, please don't do it again, you are hurting me.

In that moment, it will be all right but the ego, the selfishness and our fear don't let us do it.

Our ego, selfishness, **“for me,” “I am better,” “it is mine.”** We will have to fight against ourselves so as to notice what is good and what is bad and only when you get the balance in your own being, you will have it clear and you will be able to distinguish.

Those ones who don't choose well are surrounded by darkness.

Those ones who choose love, understanding, compassion and faith are choosing the right way and are surrounded by "Light", by their "Light."

... **LIMITATION**

Who am I to establish a rule or a limit to the way you can feel the eternal Father or Mother?

Who am I to say that you are wrong about your faith or belief? Everyone is right, God exists.

And we waste too much time by discussing how my god or your god is. Once more our ego beats us. Shall we recognize that he is simply God? Who cares if you kneel, or you raise your arms or you bend down so as to honour him?

Who cares if I call him father, or you show him on an image or an object or not and we pray with pre-designed prayers or with petitions from our own heart?

Why do we waste the time about how He is and don't we dedicate the time about being like He teaches us with the example of Christ and many other masters?

... **WHERE IS GOD?**

He is in all his Creation.

Only you can accept him or get away from him.

And even so he will continue being in you, you are part of his creation. With Him and in Him.

He is in your spirit, he is in your mind and he is in your heart, but ... How can we differentiate him? How can we listen to him? He will never ask you to hurt anybody, not even yourself.

Listen to you so as to hear him. Be humble with yourself. Eliminate your fears, silence your ego and you will listen to him.

Once, an adult asked a child,

-I'll give you a coin if you tell me where God is.

The child answered,

- And I will give you two coins if you tell me where he isn't.

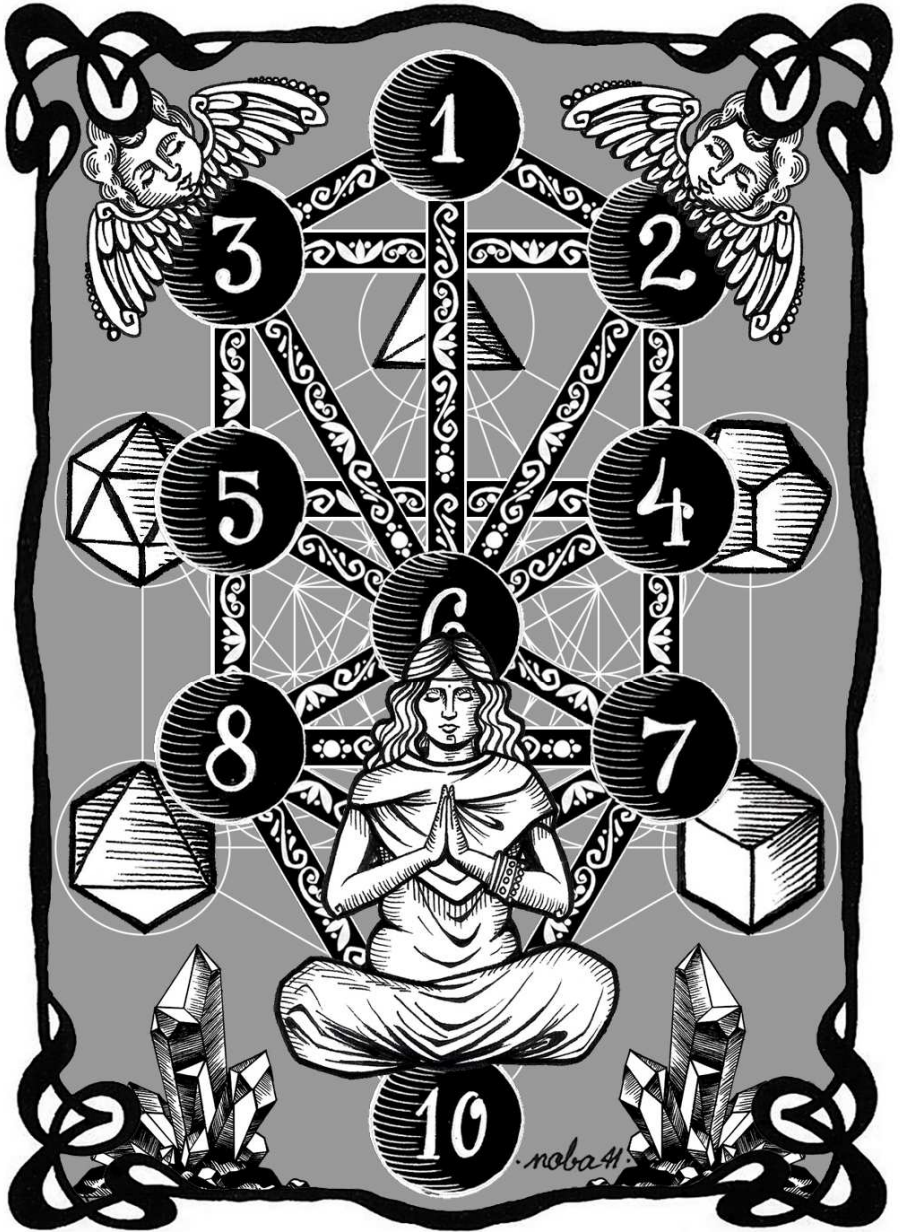
It is impossible to move away from Him, because you are with Him and in Him. Only your pride, selfishness or fears can make you think and live the separation of Him and you may think He doesn't exist at the same time that He is teaching and loving you and when you deny of yourself, He believes in you.

... PRAYER

According to your culture, religion or social, political or military status, there are millions of prayers.

I chose one in particular, the prayer that my worldly father used to pray the most, thanks Daddy "Lorenzo"
This prayer has a virtue in itself.

This prayer grows and changes as my knowledge and wisdom increase, without pretending being more than anyone else, the only purpose is to know the truth, the difference, to think with my heart in a humble way and so as to... *Live in harmony, love and respect the others and come back to your side Father!*



“Listen to you so as to hear him. Be humble with yourself. Eliminate your fears, silence your ego and you will listen to him.”

SERENITY“THE PRAYER OF THE NEW MAN”

Eternal Father, Eternal Trinity, Universal Creator of Absolute Love, Father and Mother, Son and Saint Spirit. Trinity and one.

Blessed Light of my life, give me serenity to accept with humbleness the things I can't change.

Blessed Light of my life, give me courage and love to change what I can change without going against your will.

Blessed Light of my life, give me wisdom and patience to distinguish the difference between good and evil.

Always in your name eternal father.

Amen.

... LIGHT AND DARKNESS

The ones who approach the darkness are only those ones who feel guilty, those who kill, those who didn't leave their fears behind, those who have questions to answer, those who have prejudices and judge or those who think they still have something to do or to learn left.

The ones who approach the “Light” of the eternal Father are only those ones who accept their life and the other lives with unconditional love and with a pure heart and humbleness, those who don't want a reward or a recognition, those who respect the others faith, their religion, their color or ethnic, or their social, political or military status.

The darkness is formed in essence for those ones that don't find the way to the “Light” or decided with their own will to remain in the darkness.

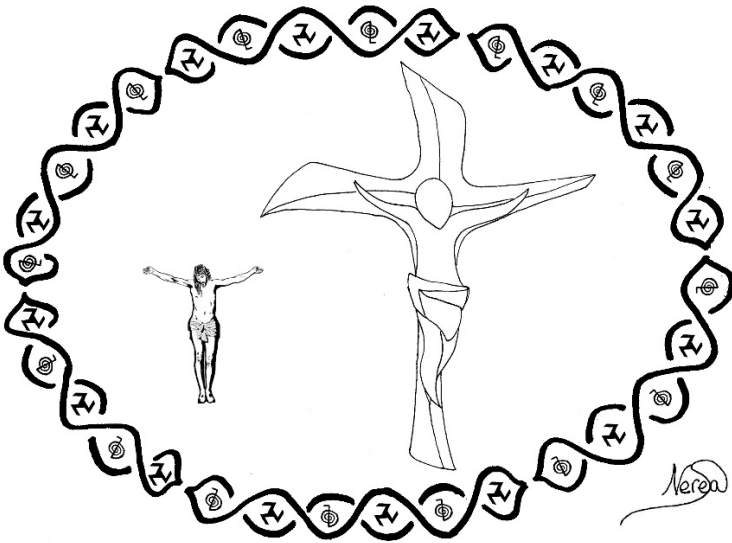
He, the creator, the eternal Father and Mother and everyone who respects his love unconditionally are in the “Light”

“Go slowly, check your faith and don’t judge, only the ego makes us think that this was destined to us, we are wrong because everything was destined and sent to the whole humanity.”

“If you want to connect with your interior angel, go slowly, don’t judge and check your faith. The truth is in the simplest answers.”

And remember, do always the good with love and don’t kill anyone because the line which separates the Light and the darkness is very thin. Be an angel and choose the Light of the eternal Father and Mother.

CHRIST



In the most practiced religions in the planet, it is known who Christ was and is.

Some people discuss whether he was or wasn't who he affirmed to be.

But, ...

Who but the Father through a man, his son and his word could create what Jesus did only with his word or hands?

How many people doubt it or discuss about what he showed us until the last second of his material existence? Nobody can judge him.

He indicated the way to live by respecting and helping the others as if they were your brothers, because without any doubt, they are your brothers, but there are some who quarrel about how their bodies died, how they existed and they also question what they could do or not.

And he said that this is the key to live with unconditional love,
“Father, forgive them because they don’t know what they do.”

But many of them didn’t hear it.

A pure person, a good person.

Is it so difficult to admit it?

He was good and humble, he didn’t have malice in his heart. He defended and helped the weak, the sick person, the hungry and the needy. He was so misunderstood by the authorities and the erudite people of the epoch that they were afraid of him as a threat, because he didn’t understand the selfishness to see the one who was suffering and don’t give him a hand.

Although the Father manifested himself in front of you, you wouldn’t be able to distinguish him and you would deny him although your faith would let you distinguish him. Who could you tell it to? Who would believe you?

Jesus told it to everybody and such miracles were the ones that the Father created through Him and nowadays people still talk about them. But they judged him. And today some of them still do it.

Why do we have to discuss about his existence?

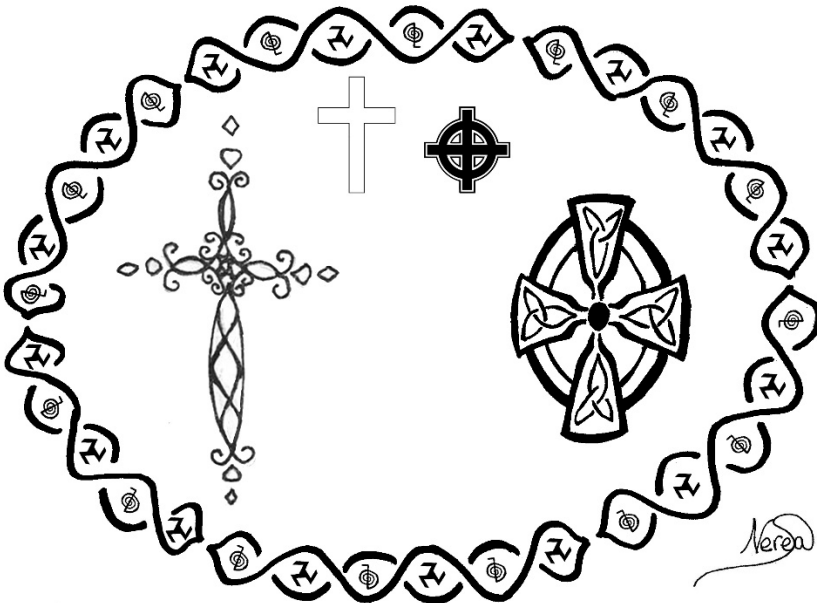
Why do we have to deny the evidence that God exists and that he is among us, in all of us? He manifested himself in **Christ**, his son so as to show us the way we must be or live.

Simply God made of meat, God manifested as matter, **divine pure matter**. The Master of masters, the perfect angel.

I don’t try to define Christ because he was He, the Son, the Father and the Saint Spirit on earth.

“God, help me to follow my brother Jesus’s steps. Jesus lives in my heart, in my mind and in my being. I will follow you because my being is yours, I owe to you. I will respect your creation and I will live in it as one more God, as you did in your son, Jesus. I will help.”

CRISTIAN OR LATIN CROSS AND THE CELTIC CROSS



The cross is a symbol, a sign to which many people dedicate their admiration and faith.

WHAT IS THE MEANING OF THE CROSS?

When I thought about it without reading, with ignorance, I thought that it represented the sacrifice. And although we think so, its meaning is different.

Some people say that Christ died in only one stick of the cross. In fact he was judged because of the expiation of the humanity sins.

This is what people made us believe. It is true that He loved the human being unconditionally, but after reading more writings, and I don't refer the ones which were cataloged by the Christian churches, I discovered that He had a purpose, and that purpose was truncated. But, even so, he continued forward.

How big his heart and his love were that all the humanity was in Him!

He came to remind us how to love our brothers and our celestial Father unconditionally.

LATIN CROSS

In the Latin cross, the vertical arm is spread out on the horizontal one which is located to one third of the vertical length.

In the catholic settings, it is more common the crucifix with the image of Jesus nailed on the cross.

Some people prefer the cross empty, only the cross, this one, **“Symbolizes the resurrection.”**

CELTIC CROSS

The Celtic cross has been known since 500 years before Christ. It symbolized the sun.

The cross was represented inside a circumference, but later it was represented outside and it grew until it was like a Latin cross. The Celtic cross combines the female circle and the male cross.

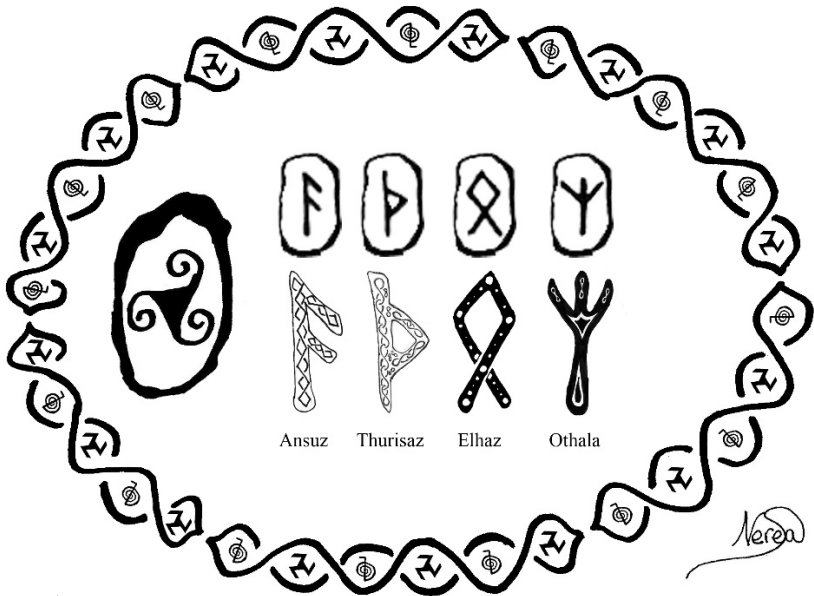
The Celtic cross and the Greek cross were associated to the four cardinal points of the earth and to the time flow.

The circle associated to the birth, death and rebirth or reincarnation.

And the center is where the time stops, where there is no time, nor space. With the entrance point to the underworld, area of the spiritual space.

The Celtic cross began to be the emblem of the Christian church when the Celts turned into the Christianity. But, they were massacred and the ones left had to accept the new doctrine. The cross symbolized the crucifixion and the circle symbolized the Christ resurrection and the Eternal Life.

THE RUNES



Circle	Ansuz	Thurisaz	Elhaz	Othala
Time	Wisdom	Will	Protection	Return

Signs of Viking origin, a whole alphabet, and each letter holds a meaning, a message.

Magic, prediction, illumination.

So as to be able to explain its meaning, I had to go to Internet and I had to look for some books. I decided to buy one, since on Internet we only find its brief meaning.

And surprisingly, I discovered something that I intuited. That book was about a culture maybe forgotten, about a magic which never existed, the magic of the angels, messengers of God.

The runes were used as an alphabet in books, parchments, signals, etc... Moreover, they were used by the druids and each one of them was painted separately on a stone and it represented a feeling, petition or message. Those who represent them with love, without expecting to offend the wisdom which is hold in them and without contradicting the eternal Father, enjoy their benefit when using them unconditionally with their heart and without selfishness.

The Circle represents the rune. I remember that the circle painted would be imperfect, replaced by stones and in the center of it, the feeling is painted and is offered to the Father so that it gets to the destined heart.

Remember this,

- **The circle**, associated to the birth, death and rebirth or reincarnation.

- And in the center it is where the time stops, where there is no time, nor space, with the entrance point to the underworld, low astral area in the spiritual space.

- Painting a rune in the center of a circle or stone represents the Love that you are sending to the material or spiritual world with a concrete feeling, something that is born in your heart.

Every symbol could be interpreted to a negative way. (I don't recommend it) You should eliminate your negativity by representing them with love.

MAGIC FUNCTIONS OF THESE RUNES

Ansuz: Wisdom

- *It Increases the magic powers and psychic skills.
- *Magnetic and convincing speech. The gift of the word.
- *Access to the creative knowledge, inspiration, ecstasy and divine communication.
- *Exile of the death and the terror with the consciousness of Odin.
- *The stone is the emerald, the tree is the ash, the bright of the green colour. Activate the intelligence.
- *His male angel is Rafael and his female angel is Maria. The archangel is Rafael.

Thurisaz: Will

- *Defense and destruction of the enemies.
- *Awaken the good will. The action will.
- *Preparation for the actual Generation.
- *Love magic.
- *Knowledge of unit and division of everything.
- *The stone is the sapphire, the tree is the oak and the colour is violet. It affects the brain development and the will power.
- *His mail angel is Miguel and his female angel is Fe. The archangel is Miguel.

Elhaz: Protection

- *It facilitates the soul trip through the worlds.

*Awareness of the fundamental unit of the psychosomatic whole. Empathy, feeling what the others feel.

*It gives confidence and loyalty.

*It is a source of prophetic wisdom and a projection of magic power.

*It facilitates the agility of all senses.

*Its stones are the tourmaline and the andalucita or light stone. The tree is the yew and the colour is jet black.

*Its archangel is male and female, the Saint Spirit.

Othala: Return

*Maintenance of the order among the fellows.

*Concentration on the home common interests.

*Meeting of the power and the knowledge of the names meaning of the last generations.

*Acquisition of fortune and property.

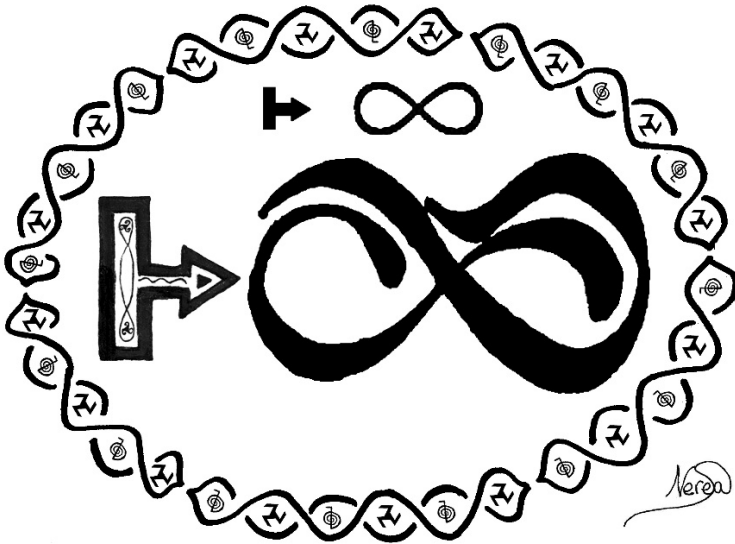
*Turn of the egocentricity towards the centrism clan
“We”

*Its stones are the diamond and the rock crystal. The tree is the hawthorn. The colour is white. It influences from the feet till the head and it invites to the calm, serenity.

*Its angels are Melquisedec and Sandalphon. Enoc was an angel once. The archangel is Melquisedec.

This is a brief summary of the power that the Viking symbols have. It is also used by the agnostics and some cultures which lived in harmony with nature and respected the elements of the Creation, they represented the Father and the Mother of the nature.

ETERNAL INFINITE



The concept of **infinite** appears in some branches of Philosophy, Mathematics and Astrology. Infinite denotes that the being in question is not finite in some aspects, it doesn't have an end. As a mathematical symbol, **infinite** is **“what it had a beginning and will never have an end.”** This symbol would be a wrong representation. It would be better like this,

▶	∞
Infinite	Eternal

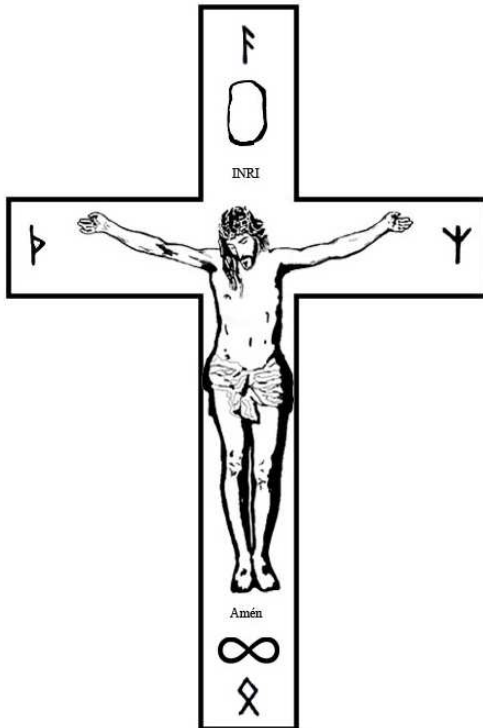
The correct name of this symbol would be Eternal. And mystic symbol. **Eternal** represents **“what it didn't have a beginning and will never have an end.”**

“He is so great that he doesn't have a beginning or an end.” Many of us would connect infinite with God and that would be a mistake because before the beginning, he was already there.

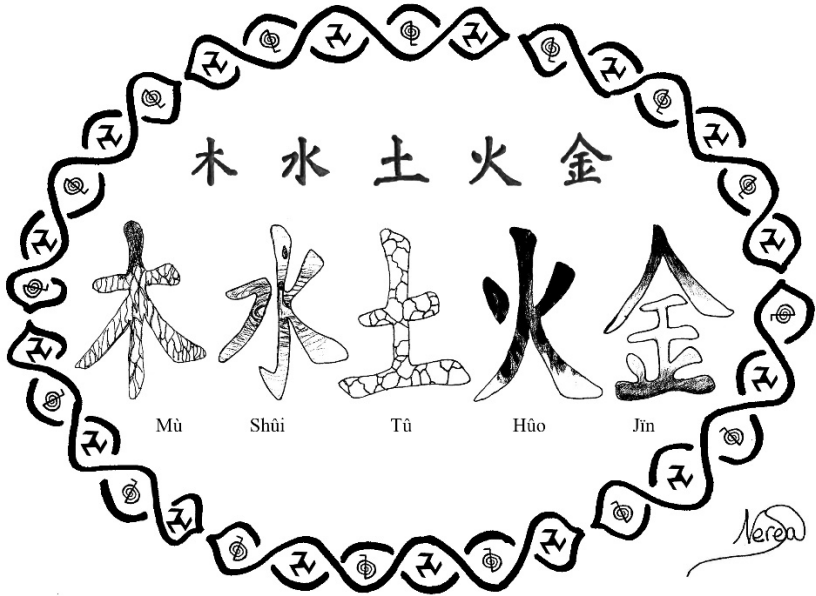
“He is eternal”, and as eternal he would be perfect because before something which is infinite began like a spirit (divine bright), He had already been there looking at this birth. He would represent the eternal cycle of the birth, life, death and resurrection or reincarnation.

He represents the knowledge, Science, Mathematics and the logic which measure the material space, the immortal soul and the eternity, symbol of sacred geometry.

Symbols which form the front part.



THE FIVE ELEMENTS ACCORDING TO FENG SHUI



Mù
Wood

Shuǐ
Water

Tǔ
Earth

Huǒ
Fire

Jīn
Metal

Wood

They are the plants and flowers, column shapes, green colour.

The objects made of wood represent the matter, the Mother, pictures of forests, meadows or gardens.

It represents in essence the vegetal life, the foodstuff, the sustenance.

Its male angel is Rafael and its female angel is Maria. The archangel is Rafael.

Water

Aquariums, fountains, bowls with water, waving shaped, black and blue colours.

Paintings with aquatic representations.

The water represents the spirit, the clean water.

The spirit is represented with a drop of water.

The male saint is Gabriel and the female is Esperanza. The archangel is Gabriel.

Earth

The ceramics, stones, crystals, marble, square and flat shaped, earth, earth colours, terracotta, ochre, brown, beige and light yellow.

Paintings with nature landscapes with the mentioned colours.

The matter that it is used to build houses.

The male angel is Jofiel and the female is Cristina.

The archangel is Jofiel.

Fire

It is the kitchen, ovens, heaters, candles, incense, TV, computers, red lights, triangular and pyramidal shaped, red and violet colours, paintings with allusion to the fire, red carpets.

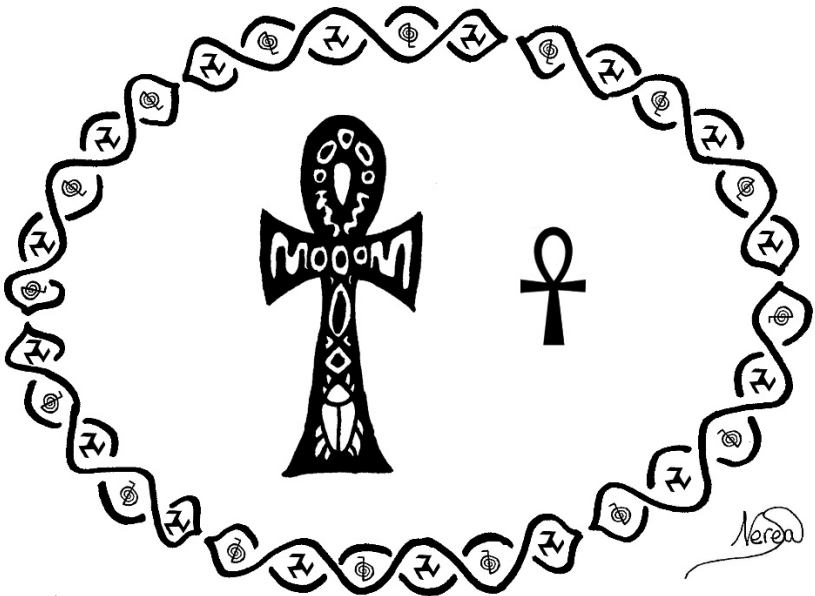
It purifies every darkness, it eliminates the ego and the negative energy.

The male angels are Uriel and Zadkiel, and the females are Aurora and Amatista. The archangels are Uriel and Zadkiel.

Metal

Metal ornaments, circular shaped, white colour or metallic colours. Every metal types, iron, chromium, silver, aluminum, etc. Sculptures, decorative plates, metallic mobiles, clocks. Circular, spherical, oval shaped. It represents the purity and the courage in the material world. The angels are Melquisedec and Sandalphon. The archangel is Melquisedec.

The Ankh or Egyptian Cross



The Ankh owned many meanings in the ancient Egypt, many of them centered on the concept of Life. It represents the water and air elements which sustain the Life, just like the sexual fertility and mysteries of death and life after death. On the Egyptian drawings, Gods moves signs of Ankh closer to the pharaohs' noses to symbolize the air with the breath of the eternal life. Torrents of Ankh symbols flow on the monarchs by representing the water flow which gives life.

As a fertility symbol, the Ankh ribbon represents the female vagina and the line below joined to her represents the penis.

In a spiritual level, the Ankh symbolizes the key to the hidden wisdom. Its ribbon represents the eternal spirit that doesn't have a beginning or an end and the cross represents the death state. The Ankh means the spiritual initiation that one must overcome to open the doors of the world of the dead and penetrate in the meaning of the eternal life. The copta Christian cross has its origin in this Egyptian symbol.

The **Ankh** is an Egyptian hieroglyph which means "life." It is extremely used in the iconography of this culture. It is also called *ansada* cross (a cross with the shape of an oval, ribbon, handle or *ansa*) at the top part, the "key of the life" or the "Egyptian cross."

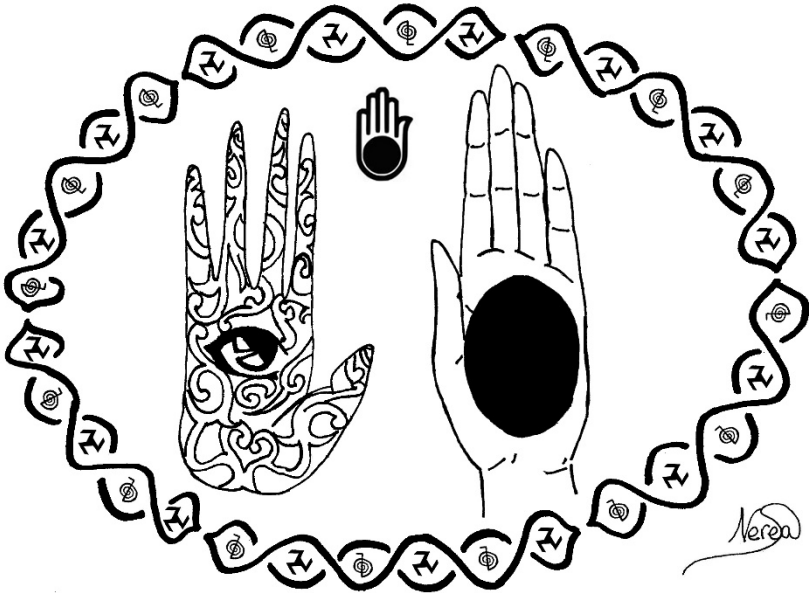
It represents the life, the union and the balance between female and male. In Egypt it was used as a symbol of that one who looks for the way towards eternal life.

There is only one who is truly eternal, the Eternal father. It would be the way search what would lead us to Him.

Many Egyptian deities positive or negative ones used this cross as a symbol of their deity.

Its angels are Maria and Esperanza. The archangels are Rafael and Gabriel.

Fatima's Hand or Buda's Hand



Fatima's hand is a symbol of power, strength and protection. The hand up symbolizes the five pillars of the Islam, faith, prayer, pilgrimage, fast and charity. The name refers to Fatima Zahra, Mahoma's daughter. For Shiite Muslims, Fatima holds the same rank than Maria Virgin for the Catholics and she is considered saint and without a sin. As a model of a Muslim woman, she is known as the women Lady in the world. Fatima's hand is a protective amulet.

This symbol appears in some religions, Islam (Jamsa), Fatima's hand. In the Christian world Fatima, Prophet's Mahoma's daughter was associated to the Virgin of Fatima.

In Spain and Portugal people continue using it as a protection at the entrance of the houses since the Muslim occupation.

In the Buddhism as Buddha's hand. Abhaya Mudra, is known as the "gesture of the lack of fear", the right hand slightly raised and the palm turned outwards. This mudra is used to give protection, remove the fear, give benedictions and give security.

It is sometimes called the "gesture of the renunciation" because it is associated to the refuge and the process of becoming a Buddhist. The five spread out fingers represent the five perfections, generosity, morality, patience, effort and concentration.

In each one, it represents the protection, the warning, Stop, don't follow, this hand protects you and defends you from the darkness, it says that **it cannot be**, that this is not its place.

The center circle could represent a protective energy Chakra. It will defend you and will move away the darkness from your way, your spirit, your soul and your home. The male angel is Miguel and the female angel is Fe. The archangel is Miguel.

The Flower of Lotus and The Drop of Water



The Goddess White Tara, in the Buddhism Goddess of Charity is represented on a lotus flower with a thousand petals. It represents the Life, the charity and the material simplicity. The drop of water represents the soul and the spirit represents the purity. The lotus represents the illuminated mind which grows in the muddy water of the Samsara. In the Buddhism, it is said that the heart is a lotus flower which hasn't opened but when a person develops Buddha's virtues the lotus opens. Your heart opens to the world. Buddha is sometimes represented on lotus flowers.

The White lotus symbolizes the mental purity and is associated to White Tare. The red lotus represents the love and the sympathy and it is the Avalokieshvara flower.

The blue lotus means wisdom and is associated to Manjushri. The pink lotus symbolizes Buddha himself.

In the orient if you gift a lotus to a spiritual person who understands its meaning, it is a gesture of incalculable unconditional love, respect and esteem. If it is accepted, the gesture is reciprocal. If it isn't, it represents the respect towards the gesture and symbolizes that the person isn't ready to receive the lotus yet and has to learn a lot, he still has to open his heart to the world.

In Spain, the rose replaces the lotus.

Every Light being has developed his lotus and his qualities for the illumination. According to its tonality, it represents an angel or angels and concrete feelings.

Om



The original sound, the power of the sound is present in the universe creation and it contains all the other sounds, languages and mantras. It is considered the root of the universe and it is said that its sound continues maintaining everything united.

Om, Hindu sacred sound is considered the biggest one of all the mantras. It is pronounced as an exclamation at the beginning and at the end of the Hindu prayers, the meditations and the religious rituals. From the VI century AD on, the written symbol Om marked the beginning of the sacred registrations. In the Tibetan writing it has an aspect slightly different from the Sanskrit form. The syllable Om is compound by three sounds: A-U-M (Spanish pronunciation). The letter A represents the creation that emanates from the seed of God Brahma; The letter U refers to Visnu who preserves the world by holding Brahma on a lotus above himself; and the letter M symbolizes Shiva, who inhales the air so that everything is disintegrated and reduced once more to its essence “soul and spirit.”

Star of David or Double Creative Trikona of Buddha



The Star of David is also known as “Magen David,” “David’s shield” and “Solomon’s stamp.” This star of six points is a symbol of the Jewish identity and the Judaism. Its origin is still unknown. The Jewish legend says that the Star of David was represented on the shield of King David who unified the antique Israel.

So as to save metal, it battled with a round leather shield with two crossed metal triangles.

These two triangles symbolize the balance between the male and the female, the union between the flesh and the spirit and the active and passive principles. The six points of the Star of David plus the center give the number “seven” which owns a religious meaning for the Judaism related to the seven days of the creation plus the seventh day rest. The structure of the Star of David $3 + 3 + 1$ also corresponds with the menorah of the temple, which in the old days was the most traditional symbol for the Judaism. In the Cabbala, the Star of David symbolizes the six directions of the space plus the center, the origin, the Merkaba, the soul.

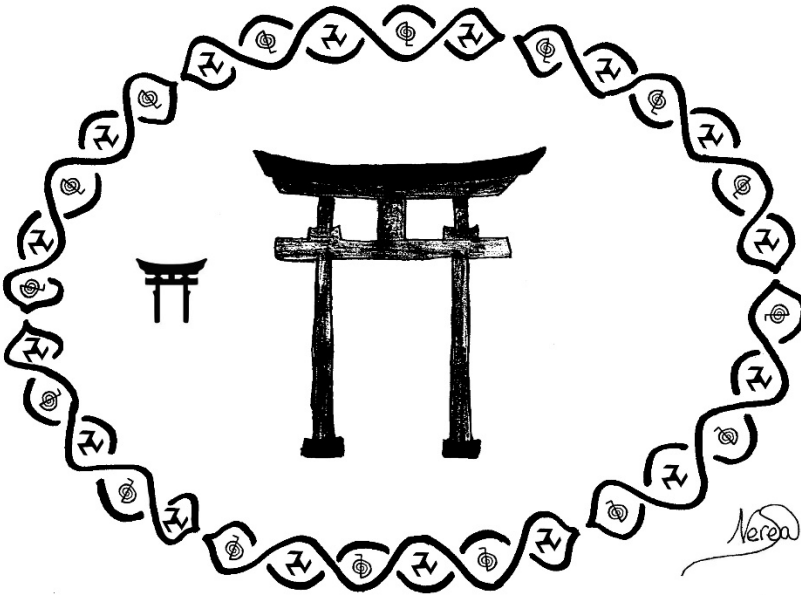
The Trikona is an equilateral, an associated sign with Buddha's mind. It is found on the paintings and on the sculptures as a mark on the Vairocana Buddha's chest. A triangle in flames which points downwards indicates the power about all the temptations. It is also a sign of the omniscience and Adi-buddha's, the original Buddha who was present before the existence of anything. When it points downwards, it represents the yoni or female principle from which the world manifests itself. Two trikonas forming a star indicate a creative activity.

It is a symbol of creativity, of purity, of balance between the male and the female, of protection, it represents quite a culture, quite a faith.

The number seven in the angelical world represents the seven Brothers, The seven Archangels, The seven Rays, The seven strengths of the Eternal Father Creation.

David's star would represent the balance union of the 7 Archangels, Miguel, Rafael, Jofiel, Gabriel, Chamuel, Uriel and Zadkiel.

The Door of Torii



It belongs to the Shintoism and Buddhism. We find the Torii door in different cultures, Chinese, Japanese, Nepali, Buddhist and Viking zones.

A **torii** in Japanese language is a traditional Japanese arch which is usually found at the entrance of the Shinto (Jinja) sanctuaries marking the border between the profane space and the sacred one. It consists of two columns about which two parallel steps are supported, they are frequently coloured with red, vermilion tonalities. Some of them have written boards which are assembled between the horizontal boards. Traditionally, the torii is made of Wood or Stone, but recently, they are beginning to be made of steel or stainless steel.

The temples of Inari God have in addition to the torii access, many others which are raised one after another forming passages which are sometimes very long.

A person who has been successful on business often donates a torii as a gesture of gratitude. The temple of Fushimi Inari, in Kioto has thousands of these archs.

The origin of the word torii is unknown. A theory is that the first character can come from *tori*, bird and the *i* from *place*, this way torii can be a designed place so that birds can settle. This is due to the shintoism, **Birds are considered messengers of the kami**. Another theory is that the term comes from *toriiru*, go ahead and enter. An old Japanese legend relates that the God Amaterasu, who was tremendously annoyed with her naughty brother, had hidden in a cavern and had covered the entrance with a rock, causing an eclipse.

Men, fearing that the sun wouldn't come back, built by and advise of a great wise, a great pole for birds and put all the cocks in town there.

When the cocks began to cluck noisily, the God couldn't stand the curiosity and put her head out the cave, opening the entrance of the cave. An enormous sumo fighter pushed the rock then, letting the sun rise. The said fence for the cocks was the first torii arch. Since then, the torii became a symbol of prosperity and good luck and its use was extended all over Japan.

Buildings like that can be found in the Thai society. They can also be compared with the torana in the Hindu and Buddhist architecture from India and Nepal.

The Sanskrit term Torana or torantiene, designs in the Indian architecture teatries that its religious obedience is an arch or a porch opening the area of a sacred place or a city.

The term designs initially a door with the appearance of a light one which gives access to a religious building, in front of the monument entrance or to the four cardinal points. One of the oldest examples of toranha of this type frequently in the bouddhique context is that one of the great *stupa de sanchi*, at the same time that it can sometimes be found in the hindu context as the very elegant toranha of the Muktesvara, temple of Shiva to Bhubaneswar. This type of toranha is maybe the origin of the Chinese *pailou* and the Japanese torii.

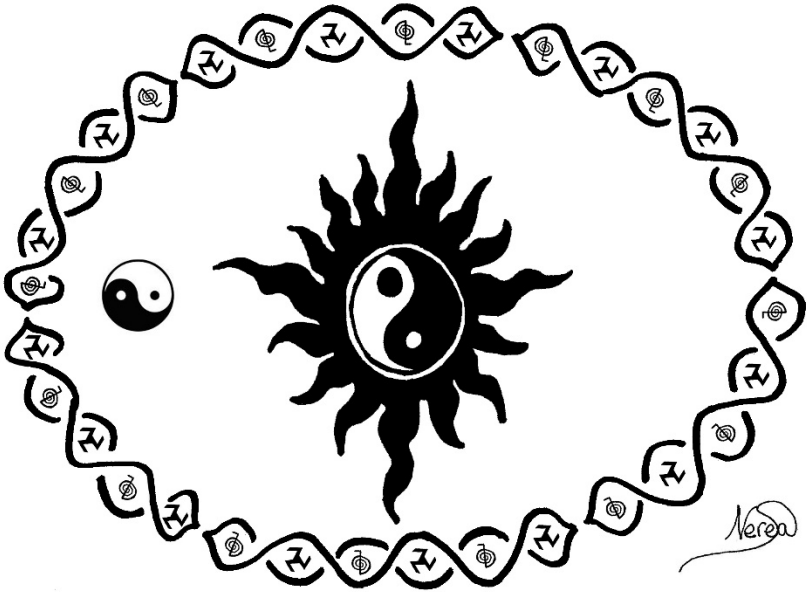
People also call toranha to the Goujerat of the built porches of bamboo and cloth, arch shape, they are sometimes decorated with broderies of religious inspiration or motives from the nature which point out a ceremony, a marriage for example.

In the monasteries which are dedicated to the martial training and arts to heal or religious orders who are looking for the interior peace, the temple door is crossed to look for this interior peace, it is crossed as an apprentice and it is crossed again as a master.

The symbol of the spiritual entrance to the sanctuaries. In the Viking society, we can find these torii in some constructions although no one has found a connection with the Chinese, Japanese or Nepali torii, it isn't the first spiritual symbol which is in different areas in the planet.

The door that leads to "*the Light*," the entrance to the spirit world looks like a torii.

The Yin and the Yang



The Tao, Taoism, the symbol of Yin and Yang represents a balance between nothingness and wholeness, between good and evil, between the material and the spiritual world. If you tend to its extremes, it symbolizes that you will turn into the opposite, it is related with the positive and the negative.

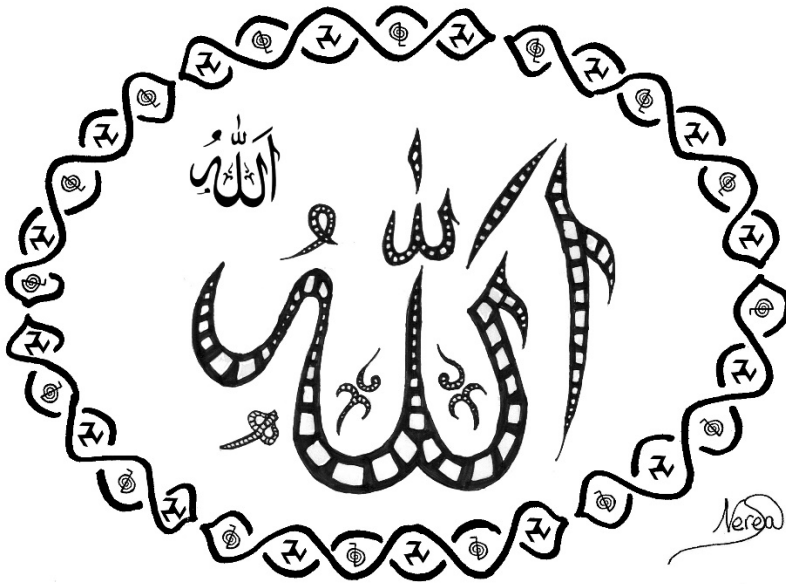
The Tao is divided into two energy principles which interact to each other. Yin is the black half and Yang is the white half. The Yang principle is considered brighter and male although a woman can also have Yang or express qualities of this energy being expandable with ascending movement, active and solar.

The Yin principle is considered darker and it is female, although a man can also have yin and express qualities of this energy being obedient, with descending movement, passive and lunar.

There is a small circle inside each unit that represents the opposite aspect from which we remember that the extreme Yang or Yin will lead us to the opposite part.

It represents the continuous change where nothing is always the same, the perfect balance of the couple, the man and the woman. If you manage to balance your two energies, you will get the balance.

Allah



Ala is the Spanish word from the Arabic language.

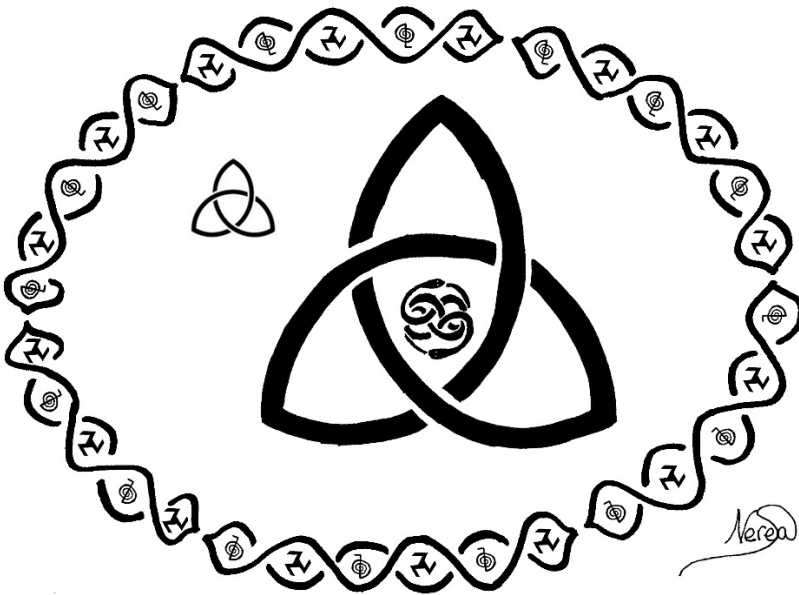
Allāh means in Arabic language the only God of Abraham religions, Islam, Christianity and Judaism. The term is better known in the West because the Muslims use it when they refer to God.

It is used by all the Arabian speakers from all the Abrahamic religions, including the Jew when referring to "God". The term was also used by the Mecca pagans when referring to God creator, maybe the supreme deity in the pre-Islamic Arabia... The associated concepts with the word (as a deity) differ between the traditions. In the pre-Islamic Arabia, Allah wasn't the only divinity if he wasn't associated with collaborators and companions, sons and daughters. In the Islam, Allah is the Supreme and contains every divine name. It is thought that all the other divine names were related to Allah. Allah is unique, the only transcendent and omnipotent God, the universe Creator. The Arabian today hasn't another word for 'God' than 'Allah'. They use terms such as Allāh "al-ab" to refer to Father God. There are similarities and differences between God concept as it is represented in the Koran and the Hebrew Bible.

Its name represents the strength of God. **In the Islam the name of the God who spoke to Moses is Allah.**

I want to stand out that if you know the Suras from the Koran, they are recited and written in verse, the first recitation is, **I shelter in Allah from the evil Satan.**

The Trinity, Triad or Trinqueta



The dogma of the Saintry Trinity, the eternal Father, universal Creator of absolute Love. The Trinity is fundamental in the Christian theology. It affirms that God is one who exists simultaneously as the existence of three forces or presences: The Father-Mother, the Son (Jesus Christ) and the Saint Spirit. The Belief in the Trinity is accepted in every Catholicism way and in the principal Protestant tradition. The concept of Saintry Trinity is expressed in the ancient writings since the beginning of the II century. Trinity, person and essence to explain that the Father, the Son and the Saint Spirit are “one in essence, not one in person.”

In the year 325, *a little late*, the first council of Nicea , confirmed the Trinity doctrine and formulated the creed from Nicea which described Christ as “engendered, not created” and “from the same nature as the Father”

The trinqueta is considered a pagan symbol which was adopted by the Christians to represent the concepts of the Trinity and the Eternity.

As I said at the beginning, Jesus was born as a complete man, but he had the trinity in his heart and so he became Jesus Christ, the Christ made of flesh in the material world.

An anecdote from my creation:

I had my first communion, but I wasn't a good student, I lost my concentration easily. I remember disagreeing with the cachetist. The poor guy made a superhuman effort so that I received communion.

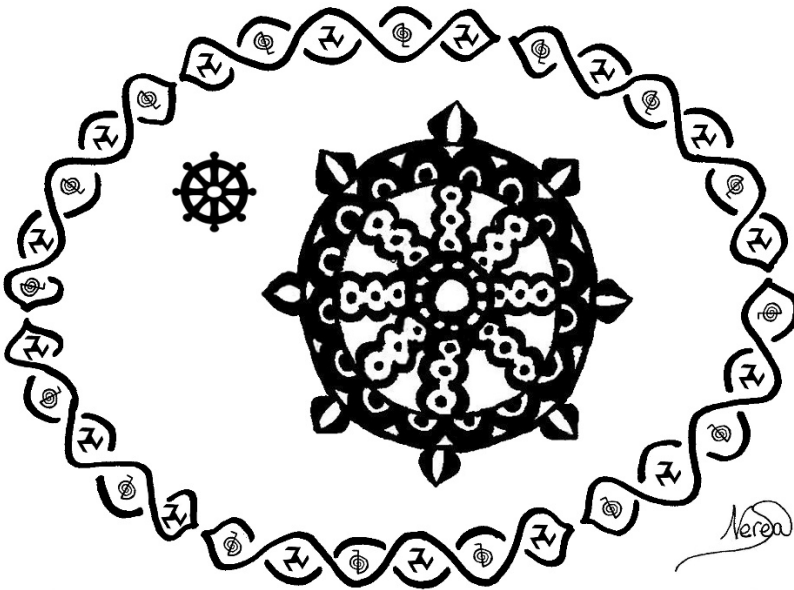
- I was only 12 years old and a priest, who was teaching Religion at school, asked the class who was able to explain the meaning and mystery of the Saintly Trinity. In that occasion, I interpreted that it was a direct question and I answered it without knowing that according to the Christian church, nobody can explain the Trinity. This was my answer:

“The Trinity is a group of the three states that every human being and spirit have to go through, being Son and daughter, being father and Mother, and without any doubt one day becoming Saint Spirit.”

When he heard this, he reacted aggressively and he said: - But boy, what are you saying? He sent me to the direction council and would inform my parents. This didn't happen. From the direction council I went home and in the following class no one remembered the incident.

If he didn't need an answer, why did he ask a question?

The Wheel of Eight Radios

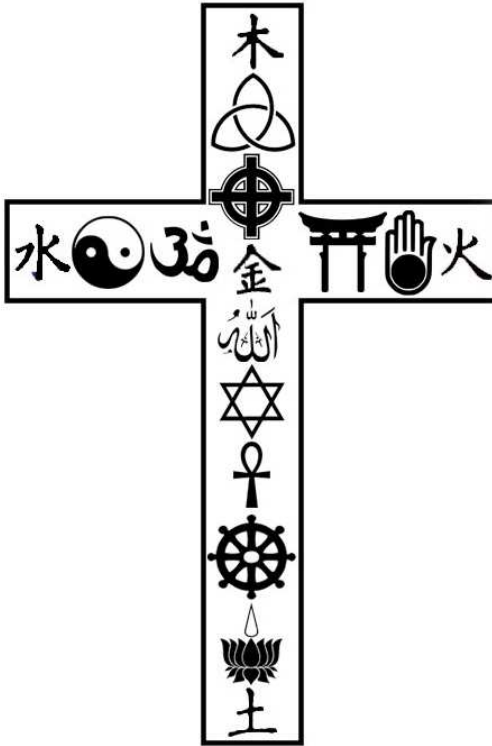


The wheel of eight radios, eight ones are immortal in the Tao, This wheel was a symbol of divinity. It has been used in some cultures and religions, and even in some promises to God. It represents the guide, the intelligence and the wisdom. It is a helm so as to govern our sole, our heart and our being.

It is a symbol of Buddha's teachings. It is also called a transformation wheel as a metaphor of the quick personal change which is possible by means of the exposition to the Dharma.

The eight radios refer to the eightfold path of Buda: correct vision and correct interaction which concern to the acquisition of wisdom, speak correctly, correct action and correct way of life that promote an ethics conduct; and correct effort, correct thinking and correct concentration which encourage the mental development.

Symbols which form the back part of the Cross



With this I conclude by saying that we can't use this cross to do any harm to anything and if you try to do it, you will judge yourself.

If you are reading this is because you once have felt things that nobody can explain to you, because you get sick where there are a lot of people, you feel nausea, you have nightmares, you don't rest when you sleep, you hear breathings, voices or you feel presences.

Maybe you see them and they disturb you anyway, or just because the writer of this trusts you.

I write this because it has helped me understand and has guided me. I will use this knowledge to help my brothers in the path of the “Light” and the way to the Eternal Father and Mother. You will find them in our hearts.

Thanks for being there. Blessed we are.

Today I know who is Magda’s spiritual’s guide and so I have decided to call this cross:

“The Cross of Maria Magdalena”

Experiences with Spirits and Incarnated Brothers

Today I can observe my vibration when I compiled information and wrote this. Here, the process of search began, still with fears and doubts.

- *Well, let's continue...*

When I compiled, wrote and re-read this information, I wept. I was becoming more sensitive, all the programming about "Men don't weep," was disappearing. All this increased my sensitivity which came from my spirit. I could feel it. I had to make the Cross.

While I was looking for the way to make the Cross, I continued interacting with Magda and Sara.

One day Magda phoned me and told me they had a problem and asked me if I could help and I answered.

- *Of course!*

By then, I was playing World of Warcraft and I coincided with Moises who ended up being Magda's father. I asked him:

- *Do you know anything about your daughter's gift?*

- *No, I don't.*

- *I suggest you talk to her. The gift she has is wonderful.*

Sara, Magda, Moises and I met. There, I met the boy who would be Magda's husband, Abraham. Abraham is a sensitive one who was hounded by spirits. I was told about the problem and Magda got through. There was a spirit that they hadn't been able to guide.

When his guide spoke, I decided to ask him:

- Shall I help? I remember he said:

- *Of course,*

Why do you think you are here? You can help.

Although I couldn't imagine how.

Those days Sara was hospitalized together with Pilar, one of my father's friends. By chance, they were in the same hospital room. My father from the spirit world sent a message to me:

- *Bring a rose to Pilar,* - moreover they wanted to send a signal to Sara, they told me:

- *Bring two roses, the other one is for Sara.*

That day, it was snowing and it was cold but I went there. Both of them got very happy, they didn't expect it. The red rose represents the unconditional Love. They didn't know but the roses were a message which came from the spirit world. From Lorenzo and Gabriel.

One night, I perceived a great darkness. I could notice how this darkness was bound to Sara, Magda, Moises, Abraham and even me and others. And I perceived that it was approaching while I was sleeping, so I grabbed that energy liana and began to pull. When touching that thread, I noticed the fear that this "being" had and I continued pulling it. On my proper pillow the deformed head of a very dark "being" was coming up. I raised my arm and I prepared myself to hit it. In that instant the being let loosed the energy lianas and put me in front of the spirit who disturbed Magda and Abraham.

Damn! That darkness was hidden after him, so I touched him and chased that tormented spirit. The spirit transferred me an amount of images from Egypt, among them the Eye of Ra and I heard:

- *Please, give my brother one of these.*

- *As soon as I see him, I will give it to him.*

- *We will meet. Be calm! He won't approach you again, not even any of us. I sent the archangels to put that being in its place. Oh, my God! At that moment, I opened my eyes and I felt my body very heavy. Some seconds later, I recovered all my mobility. Although I had been in that spirit world all night, I felt fantastic. That morning I visited Mari and I bought her an Eye of Ra. I phoned Magda and Abraham. I needed to talk to them. We agreed to meet that afternoon. In the meantime I made a search of the symbols I saw on the images that the spirit of this boy transmitted to me. When Magda arrived, I felt that someone else was speaking through me. It was very strange but I began giving details of who this boy was during his last life and who he will be in his future lives.*

- *You know, that boy was an Egyptian devotee. On his day, he was Abraham's brother, but he died when he was 16 years old. It seems that he was deceived and sacrificed as a devotee of the temple. In this culture, it was believed that after life, the spirit served in the darkness for a while until one day his God Ra demanded him to go to "the light" so as to go back to life. The details were wonderful.*

The boy was painted white with some symbols on his forehead.

He was wearing only a sheet which he rolled in a very particular way, the sheet covered him like shorts by letting his legs and rest of the body without anything.

I even made a drawing of him.

- I only know we have to help him because this boy will come back to his family. One day he will be your son.

In that moment I knew that Abraham was his brother and I gave him the Eye of Ra.

- The spirit of this boy asked me to give it to you.

After talking about all this and some more details, to my surprise, Magda confirmed that she knew all that. Someone has told her about it long ago, but they didn't know how to help him. They had tried to take him to "the Light" every now and then and nothing seemed to work. He didn't recognize Jesus or Maria as guides and he didn't want to go to "the Light."

It is logical because he was born 2500 years before Maria and Jesus and he doesn't identify these guides.

- Well, Look, I still don't know how but, I am going to help you.

I felt above all his sorrow and fear when I touched him in that state of spiritual connection.

Some days passed and Magda, Abraham, Moises and I met again. Sara was hospitalized, so I told them:

- I only want to talk about something that I think we can do, but we have to wait for Sara's recovery.

I considered that it was more prudent that the worldly guide of the medium was present if Magda was connected to call the Egyptian boy. Before beginning to talk, I distributed some symbols thinking that a great mantle was covering all the room and was protecting all the presents.

“Two years later, a marvellous being explained to me that this practice is the energy mantle of a very special Angel. It is the protection of Gabriel’s mantle.”

- You see, this boy can't speak because his mouth was sewed and he doesn't recognise Jesus because he is before Jesus, so he isn't identified with the Christian faith. I still don't know how, but I think he will answer.

I tried to warn them that I perceived a dark Being and that that being didn't have to know anything about this plan so as to be able to help this spirit. At last Sara recovered and I received the Cross.



We met again. There were two more people Victoria and Miriam. That morning I prepared some sheets with the three Egyptian names of Ra and the Ankh and I put them on the table. As soon as we got through, the boy appeared.

We asked him but he didn't answer, so I told Sara:

- *You see, he doesn't speak as his mouth was sewed.*

Sara extended her hand and simulated to cut those threads, the boy opened his mouth and his eyes expressed his surprise to see that he had a tongue, he looked at me and I told him:

- *Now you can talk. Tell me, What's your name?*

He told me his name in Egyptian.

- *Well, I need that you use the medium language to understand you, I know you can do it.*

- *Yes, I will, he answered.*

- *How long have you been like this?*

- *Four thousand five hundred years more or less.*

- *But for you the time hadn't passed.*

- *That's right. "In the spiritual world, the perception of the time is different from ours."*

- *Tell me, why do you disturb them?*

- *They obliged me.*

- *That Being, right?*

- *Yes, the one you frightened.*

- *Well and tell me, why don't you go to "the Light?"*

- *I can't.*

- *You see, I'm going to give you this object and please don't throw it away.*

- Putting the cross on her hands. - *I would like you to look at it so as to know if you recognize any symbols.* He looked at it briefly and when leaving it on the table, he said,

- *No.*

- *Ok! I want you to look around. Please, look and see if you recognize someone or you see something that you remember.*

When he looked next to him, he saw Abraham, his eyes got excited.

- *It's you,! my brother!*

And I asked him:

- *Do you recognize him?*

- *Yes,I do.-Abraham also got excited and I told him:*

- *Can you see? He is wearing the Eye of Ra that you asked me to give it to him.*

- *Yes. Oh thanks! because you understood me.*

- *Now I need that you look again where we are and tell me if you recognize something else.*

When he looked at the table, he saw the sheets with the Egyptian symbols of the God Ra and took the sheets by saying:

- ***This is my God!***

- *Perfect.*

“That morning, I had been finding out about the Egyptian faith.”

I asked him again:

- *Is Ra your God?*

- *Yes, he is,! I answer in the presence of him.*

- *Ok, now I want you to look at me and listen to me because I have something to tell you.*

Although he could hardly looked at my eyes, he did what I asked him and then they went back to talk through me.

“I am a Messenger of Ra. You don’t have anything to be afraid of. I’m coming to tell you that your service time in the darkness has finished. Ra wants you to go to his side in the Light.”

I was surprised by my words and the boy opened his hands and told me:

- Thanks, thanks, before leaving I want to show you something, (*on his hands, there was a projection of images.*)

And I saw the temple of Luxor in Egypt.

Here, Sara told him:

- *It is the moment, he can’t see what you are showing to him.*

I didn’t say anything about that and I said goodbye to him, but I clearly saw that marvellous temple. At that moment, the boy said:

- *We serve there.*

I said goodbye with a - *¡Thanks for listening to us!*
 – He turned his look to say goodbye to his brother Abraham, he raised his look and went ahead to “the Light.”

When Magda came to her senses said:

- *I have never seen anything equal. This time “Ra” has come to pick this boy up. There was a lot of light, as much as when Mother or Jesus have come.*

I told them,

- *For him, Ra is the equivalent to Jesus or the Mother. He is his God, he is answerable to Ra.*

When we finish, the spiritual guide of the medium spoke to all of us and gave his Messages to Victoria and Miriam. He let me ask. So, I asked the following question:

- *Will this war ever end?*

- *His answer was an emphatic no.*

I felt as if I hadn't asked that question, so I asked for permission to ask him something.

- *Yes. Come on. Ask.*

- *How many times have I asked you the same question?*

I saw how the spiritual guide was caught by surprised and said:

- *We don't know when you realized.*

I remained in silence, attentive, listening. I was waiting for an answer and I felt that presence, who was talking through me, again, listening too. The guide said:

- *Your name is “;Gabriel!”*

I was disturbed sincerely, I didn't understand anything, but then I felt, with more intensity, this spirit inside me. We finished and I went to my mother's house. I couldn't imagine everything which would happen from that day on. It would be like being born again, but with a trip companion, Gabriel.

We agreed to meet once more. In this occasion, I wanted to communicate them something which seemed excellent to me, but it wasn't Sara's liking. In that writing, Gabriel and Luzbella were mentioned, they were on the Eighth day. Gabriel wanted to understand the attitude of Luzbella.



“... he was criticized and disapproved by those on top and by those below, [...] my vibration fell, [...] I had to fight [...], I was very angry with everything.”

I suppose that this writing was mixed up with the fears of the entire the group, and in spite of helping *four spirits who came from the vibration of the low Astral* to go to "*the Light,*" the medium led into a fifth one who had a very low vibration (denial of the "*Light.*") Since I was informed about Gabriel's name, I felt every being like a brother whatever their vibration was and although my ego would have broken his head so that he wasn't manifested himself by Magda, I resigned and gave him a kiss on his forehead and I embraced him. This let the medium leave directly the trance. As it was expected, the spirit who doesn't tolerate the affection of a simple huge left in a hurry. I think that each one came to their conclusion and although everybody seemed to intuit that something wasn't going well, nobody warned me about the repercussion of embracing a spirit with that vibration. This was criticized and disapproved by those on the top and by those below, the group undid and my vibration fell. Sincerely, I had to fight with that vibration. I was very angry with everything and any time I wanted to express something, some spirits seemed to speak with senseless and offensive messages. I spent all day apologizing by what I expressed. Although a part of Sara's mission would be to guide me, her fears defeated her and when she asked another companion Jose for help, it was even worse, so in a technical way although I wanted that everything was going well and that the group consolidated, the Father had other plans.

Going through all that vibration was senseless and made me fall down for the first time.

But if Gabriel has something is that he knows how to stand up. He showed me that the archangels don't fight with swords, but they fight as we expressed with that embrace, they fight with their heart exposed, they embrace, they listen, they accept, they share with unconditional love although their brother or neighbor thinks he is the same Devil.

Any time that I tried to get in contact with Sara, Moises or Magda, the communication became worse. These spirits of low vibration continued speaking on my behalf and I spoilt it even worse.

So, I accepted that it was a patience proof.

I had to accept everything that happened just like that and learn on the go. So, I began to dedicate some time to pray so as to come back to a calm state. And I began to intuite. The spirit empathy was very strong and suddenly I felt myself lying so as to protect those ones I loved by judging and I wanted that everything was very quickly, just the opposite of what Magda's spiritual guide recommended me. So, I looked for help and the help would come from Madrid. I identified two persons who I thought expressed the energy of Rafael and Maria. Here, a new medium adventure would begin.

As the announcements of the world spirit appeared sooner or later and affected my work and emotional stability, I decided to place the symbols as close as possible to me and this way the Tattoo was born.

The Tattoo



Today, this is the center symbol of the tattoo on my back. It represents everything I love in the material and spiritual world and it represents my love for Heaven and the Earth.

Many conversations with Maria and Rafael would begin. A process of a proper internal cleanliness. *“Thanks for having listened to me. Forgive me for depending on you so as to understand and accept everything that had happened.”*

I remember what Marias’s Master told her when looking at a photograph of the tattoo which protected me from something, and I was telling Maria.

It is a declaration of principles and every spirit who wants to communicate something through me, will have to respect and love unconditionally Everything I love.

Without knowing it, I was giving the suitable steps so as to activate the great generator of unconditional love that Gabriel was bringing to activate my spirit. This way, the medium activity developed towards the Channeling. The spirits who didn't accept the vibration of the symbols on my back couldn't get close unless they were asleep and even so the energy of the tattoo created a generator and a shield at the same time.

 Maria told me: - *In the tribes, the bodies of the shamen, known as medicine men, are tattooed with the names of their spiritual guides so that these can express their protection and their gifts through the carrier of them.*

 This made me think and I accepted this, that by intuition, I had begun. I decided to add intensive breathing and meditation practices. So as to calm down, I listened to music at any time or I sang to myself without letting anyone else listen. I was overwhelmed by a thirst of water and reading. I devoured texts and spiritual books. This led to conversations and spiritual discussions.

 Maybe the others weren't conscious, but I could see the angels talking to me through the people. Each person is an angel and these angels asked me nonstop.

 And since then, I feel them this way.

 I discovered that those who walk with loads or in the darkness are really afraid and they simply made a mistake in their experiences.

I accepted this as an aspect of the angry creator and I learned to walk next to his vibration.

If I were told:

- *Now, don't go to the cemeteries because with the sensitivity that you have, it won't be good for you.*

- Then, it was there where I went to be trained.

- *Don't do that.*

And it was that what I did.

I needed to understand myself, integrate all this and eliminate systematically all my fears and doubts.

The empathy was oppressive, I couldn't go to the shopping centers which I had done all my Life. It was incredible what I felt from the persons around me.

Here, Maria showed me how to center myself by listening to music and by looking briefly to people's eyes because this generated a too intense connection for me.

I had to be able to understand and manage my feelings, learn how to distinguish and separate them from what I felt for the others and differentiate my energy from theirs.

- ..., and for this, I wasn't able to find a manual.

Smile.

But I decided to feel it and observe and integrate all this. I used the nature, the stones, the incenses, the scents, the candles, the water, the music, long walks on the hills.

Oh yes, it was like this when I went up a hill.

I was breathing, I was far enough not to connect to anyone. *What an alleviation!* But of course, I had to come back.

And this way, I grew little by little and I integrated the others as a part of my own Being.

I learned how to listen to them, feel them and not judge them, not only the incarnated ones but the un-incarnated ones as well and I thank for it.

My communication with Gabriel was more and more intense. We had long conversations and dozens of questions received an answer.

And many Masters from the physical and spiritual world came to guide me, a task that they still do and I thank for it.

Thinking that I was alone, I lied to myself because the spirit world interacted continuously, so I began a new search.

When reading books related to spiritual subjects, I found the ascended masters and practically I looked for everything which spoke about angels and archangels. I found gnostic and metaphysical texts. I decided to start spiritual practices which by means of breathing and meditation calmed down my being.

I began to modify my food habits, I went to workshops of spirit subjects and disciplines and I was placing in my practices what was coming to me heart. I chose Reiki so as to feel and integrate the energy of my spirit and the spirit world surprised me again because here I found very different groups.

Wonderful Wiccan with a very interesting connection with the elements and the Mother earth, a great master and a great friend: Rosa and Mari, Metaphysical Group of Meditation, a great master: Manuel, Yoga Kundalini and Reiki group and a great master: Raquel.

I looked for neutral zones energetically talking and I found them, the hill is one of my favorite ones, hermitages, temples, sanctuaries, but I found shops of objects and spiritual books, incenses, candles, etc., which energetically are neutral sanctuaries.

The most surprising thing was that I went to the Christian church and I spoke to the parish priest. I asked him to bless the crosses, despite I have read many things that don't favor many of the decisions of the Catholic Religion. Well, I was baptized because of something, I received communion and I got married. I had a very special affection to the figure of the sacred Family and to Christ, I will respect the religions as roads of spiritual search.

I identify myself with the figures of the Archangels and there are saints like: Friar Leopold whom I call affectionately Grumpy, or large heart Saint Francisco and Mother Theresa with the affection of the Mother. All of them inspire me. I have a great affection and esteem for them. Their values in life were and are very significant for the human beings. I have ran into sensitive persons since then like mediums, Reiki masters, masters of disciplines like Taichi, Yoga, etc.

They are very special people. I have had conversations with them and with their guides. I remember above all the conversation with a girl who carries “Fray” Friar Leopold, but she calls him “Fray.” It was brilliant. The truth is that like all the sensitive people, I needed to speak to somebody who didn't prejudge him and it was brilliant.

I listened to our guides how they were sharing information of us putting our feet in our mouths, at the same time that we were sharing small prayers, writings and recipes so as to understand and accept ourselves the way we are.

By means of the dreams, I began to remember past lives. I suppose that the information of Brian Weiss's Literature and the Akashi registers became fused. I began to pay attention to the thinking and to the positive part of the Being. I worked my doubts and fears with Uriel, a great brother. I had long conversations with Miguel.

Any time that I asked a question, the answers appeared in the form of music, a book or a documentary.

I wanted to speed up the process of reading, so while I was listening to a computer which was reading a book to me at the same time, I was reading another book on an mp3 player.

All this information was absorbed because of this new necessity of information. Let's say that I felt I was completing a jigsaw puzzle. I decided to help those ones I thought had loads or sorrow.

Moreover, at the beginning I would do it in a subtle way by using prayers, giving stones, angel or saint cards away and I had conversations with them.

I chose the neutral sanctuaries and there, I began to know sensitive people who had integrated their gifts in their daily lives, and so they told me:

- Come on, cheer up, make your mind up, when will you begin?

And I began giving talks and workshops called **“Let’s talk about angels.”** I combined them at weekends or outside working hours.

Talking about these subjects openly is one of the functions that my spirit brings as a divine mission for this life. It gives me comfort to share the experiences and information and every day I am given more experiences with the people I coincide in this road of Life.

Being conscious of our spirit.

At the same time, I attend my job as a self-employed computer technician.

All this has helped me to see the life and the life after the life and has helped me to accept myself with my faults and my virtues.

I live in what Eckhart Tolle calls Live Now.

This book and this information are essential for sensitive mediums and I have been let to write and speak about the beginning, about what I have accepted as my spiritual awaken. It is a personal cure to put all this on paper at last.

From here, I want to thank all the people who have interacted with me in this life like my masters, friends, relatives, material and spiritual ones, incarnated and un-incarnated ones.

Thanks for being the way we are. Bless we are.
Thanks, thanks, thanks.

Maybe you don't identify your name because I have decided to protect the people who interacted with me. Maybe the name I used was your spirit's name.

Who knows?

Smile.

Experience with Guide Spirits and Masters

Miguel and Rafael are present along this way and will accompany me, together with Gabriel, all my life long.

Everything was a question – *Why did I do what I did?*

- Sincerely, embracing a spirit with a vibration from the low astral is like practicing a risk sports.

I accept that the Creator decided I passed through this experience so as to learn from the densest zone of vibration, where there are more self-suffering and prejudices.

I was confronted towards the prejudices and self-opinions from those ones who I love the most. But it is in the low astral where more help is needed. It was necessary.

If I accepted this, just imagine the importance of someone, who didn't know me in life as Loren, judging me because of expressing what I feel.

So, this training was very intense, satisfactory and a little masochist by the scriptwriter.

-Ok, we accept it!

The lack of material guides made my connection with the spiritual guides be repaired. From the first moment I heard that interior voice which said:

- “Communications fail.”

So a period of auto listening and the sensation of false material loneliness was necessary.

It was very helpful the fact of talking with my father Lorenzo who wasn't among the incarnated ones and I could make peace. I used to badmouth him and my opinions about my father didn't help me, so having the opportunity of feeling him again as an un-incarnated spirit was a total adventure.

At the same time, I spoke a lot with the figure of the Father and the Son, that great Creator and Jesus. And I began reading about the importance of the woman for this new era of Aquarius and the awakening of the humanity consciousness.

So, I began talking to Maria Magdalena, known as Lady Nada's teacher and with Kwan Yin, two very important mothers and masters of the human feeling about the unconditional love and the compassion, towards every human being and one's self. I knew the energy of Yemaya, amazing and blazing. This connection was possible by using prayers, decrees, meditation and music.

Once I accepted how the state of meditation and the Reiki worked in my being, I began practicing constant connections without interruption for periods of complete days, including my consciousness of the material world when attending to my material tasks and the ones of the spirit world. At the beginning it seemed exhausting, but it was just my feeling of insecurity and the doubt of not being able to do it. The limits that I have read in books were interjected, so I began to Decree that in the human heart with faith, no limits exist. The creator didn't put limits to feel and be, although we are in a material world.

He is inside us, his vibration is in us. This confirms my theory that the purest energy of the Being is incarnated, and if it doesn't let itself beat because of rules, practices or limits, it is constantly operational.

At the beginning it was difficult for me to hold the conversation, but as time passed, it was difficult for me to disconnect and go on with my material role, this led me to visit a Chaman group as I needed a good anchoring to the Earth Mother because if I continued like that, I had the feeling of leaving prematurely. So, I observed and shared his teachings about our spirit and ancestors. And of course it worked!

It was like putting on an invisible pair of shoes to walk constantly connected on earth. Even so, the noise of the daily tasks or the assumed problems or work sometimes makes it very entertaining to maintain the awareness in such material hurricane.

I continue walking and remember. Learning.

The spirit world has taught me how to love in an unconditional way, with humility and gratitude, the conscious result of our elections. I stopped paying attention to the negativity and I simply began to observe the light or vibration from bigger and smaller intensity.

“If you pay attention to its Light and you remind them that they are Light, This will be enough to help them and if you could get further, glory you are for looking after our brothers and sisters.”

Thanks to all the spirits who have helped through me. This way, I felt an instrument of their Love, an instrument of their Peace and I thank for that. Each one of you has taught me that Everyone Is Unit.

It doesn't matter the way you believe or the ceremony with what you speak or pray to your deity, all of them are Unit. When you go to the other side of the veil, you will recognize him and he will recognize you the way you feel him. While you are feeling guilty or you blame someone for your life experience or you believe you are not worthy of being in his presence, you will need to be guided and help.

We will send you an angel so that he can take your mental hell out of your head, he can listen to you, he can accept you like you are, he can understand you and huge you reminding who you are in reality, since:

“Nobody will remain more than necessary for his spirit evolution in a hell. We are the guards of our brothers and we will help them to advance to come back home.”

Kwan Yin

One day a great Light Being left his incarnation on Earth. He had served the divine spirit like very few had done. In front of the Great elderly council, this female energy expressed if possible one of most beautiful compassion sentences I have ever heard.

When a spirit is about to graduate on Earth, he is offered the possibility of Ascending and continuing. That day Kwan Yin was asked: Would you like to ascend? Are you ready now? And she affirmed:

“I offer myself to serve and I will wait for my ascension until the last one of my brothers achieves it.”

Oh my God, she had achieved it! And this sentence was the confirmation. Thanks Kwan Yin.

When I was reading all those books about metaphysics, I travelled to their schools at night by watching these marvellous scenes of the Masters whenever I didn't have to pay attention to any un-incarnated brother.

I woke up renewed.

Thanks Kwan Yin.



Master Kwan Yin.

“I offer myself to serve and I will wait for my ascension until the last one of my brothers achieves it.”

Maria Magdalena, Lady Nothing

Maria Magdalena was telling me her story with Christ, with a lot of wisdom. She was an apostle more.

Among the apostles who followed Christ, there were 13 men and 14 women but we were only informed about 12 apostles and they eliminated the roles of the women. She was well-informed about the Egyptian knowledge of the spirit and the old school of wisdom. She became Jesus's partner in the Canaan wedding. But this story has been hidden. In the channeling and spiritual communication, the sensitive ones receive some information about the lives of our guides and Masters, at the same time that we remember some information about our own lives. For me, this great Master is very significant.

As of today, she is beside Christ. I apologize if the conventional texts don't mention anything about this information. It is due to its concealment and I apologize if this hurts you or bothers you with what you accepted as the truth. A long time ago, the priests could have a companion or get married but at some time, they decided that the Father wouldn't see this with good eyes and that it would distract the people who dedicated their lives to the service with faith.

What a great error! The educations of the male apostles, and stories which they considered, were included in the Bible and the ones of the female apostles were excluded. Things that happen! Many writings were declared apocryphal, chased, burnt and destroyed.



Master Maria Magdalena.

“She was well-informed about the Egyptian knowledge of the spirit [...], she became Jesus’s partner [...].”

Well, in these concepts, the persons who brought up these subjects were somehow persecuted.

And because of them I had to mention it. I thank you for your effort of bringing the truth to light. I feel Christ like a friend in our heart and I feel Maria Magdalena, “Lady Nothing” like a great travelling companion beside him. Thank you Loved Masters. Thank you Lady Nothing.

Just in case I have felt both like a unit and you were two masters instead of one, Thanks if you have felt this way so special. A hug.

Yemaya

(Yemaya, Yemoja, Yemanja or Ymoya) is her name according to the planet religion wherever you are. She is the mother of the abundance of the sea, the rivers, the lakes, mother of water, serenity, she is majestic. Her music and her calm voice are from a great Mother of Nature.

He taught me how to feel the earth as part of our own being. When great events of the nature happened, like volcanos, earthquakes, tsunamis or hurricanes, I felt him on my own health as palpitations, an increase of my cardiac and respiratory rhythm, anxiety states and nervousness. I finished exhausted. Feeling the planet as part of our own being is very gratifying, but if the planet is balanced and it regulates its vital cycle, it turns out to be exhausting, until you simply stop worrying about and you concentrate with your own symptoms. In that case, you just let it happen.

As a great Master said, this will also happen.

Water is present in all the life of the planet. Thanks for your presence in our Being. My heart greets you as in your Paradise on the earth of Hawái.

Save Yemaya

HUNA IKE KALA MAKIA MANAWA

ALOHA MANA PONO

ALOHA YEMAYA

Thanks Yemaya.



Mother Yemayá

“Water present in all the life of the planet, thanks for your presence in our Being, your paradise in the earth of Hawáí.”

Jesus Christ

As I feel him, Jesus is the incarnation of the archangel Miguel on earth, *and gentlemen, he didn't come exactly to judge or to give slashes with a sword.* His teaching wasn't based on the sacrifice but on the unconditional love and he spoke openly about his Father, our Creator, Father and Mother of everybody. He didn't come to justify our offences, accept this or not to the extent that you can. He came to give an example.

Because sincerely, although we have had everything, we forget the humility and the gratitude towards our creator when we offend and hurt our incarnated brothers or we hurt our own being.

So, here I want you to remember the only commandment of the being.

“You will love God in your heart and the neighbour like your own heart as God is in everything and in everybody, because everybody is One.”

Thanks Jesus.



*“Save Queen Mother, Mother of life, Mother of sweetness,
Mother of our hope, save loved sister, you bring the purity to our
loved Earth.”*

Maria

What can I say about our Mother? A marvellous angel on his day expressed:

Save Queen Mother, Mother of life, Mother of sweetness, Mother of our hope, save loved sister, you that brings the Purity to our loved Earth.

God saved you Maria, and you are full of grace.

God is with you and blessed you are as every women and blessed the fruit of your belly is with the presence of Christ.

Saint Maria, God's mother, beg for us now and on the day of the victory of our ascension and our return home. Amen.

Thank you Maria, thank you, thank you, thank you.

Solomon

Thank you for keeping the wisdom you found in writings and symbols. Thank you for preserving till our days Gabriel's hallmark and the one of the Archangels.

Erudite and pioneer in your era, you wished with all your heart the integration of every spiritual teaching, that the different disciplines shared the wisdom of feeling the Creator as our Father and Mother, our Brother and Sister, our Son and Daughter, as our own Spirit.

A great wall of the temple remained, you came ahead of time, but nothing is in vain.

You already in your day were fighting with incarnated and un-incarnated spirits from the lowest vibration of the astral. You were driving them to “*the Light*”. As of today, the Tattoo went back to expand and to integrate the names of the Archangels and Gabriel’s seal.

Thank you Salomon.

“Loved Angel of God, get to know yourself and you will discover the eternity in your spirit.

Live the moment, Love, Accept and Share unconditionally what you are.

“Save loved Angel of God because I know you have heard me.”

Other Concepts: *Doctrine or Religion

Depending the area where you were born in the planet, at this point you would have found yourself in your planet area, not only with religion, custom and doctrine but with rituals as well. Religions are the beginning of a way, a path which will lead us to know the essence of our spirit, “God.”

But, as everything, there exist more ways to arrive. During the different periods and civilisations of the humanity, these have competed with one another and they sometimes have caused unnecessary wars and deaths on behalf of God.

Those spirits, who disincarnated this way, nowadays behave like the exorcist’s girl when they hear the word Religion or God.

Along the different conflicts because of selfishness, pride and thirst of power, Humanity justified atrocities on behalf of God, and many times these conflicts were born from the lack of communication and acceptance of the different ways of believing and feeling God that the human being has developed. All of them with the most important thing in common: God exists and he is pure love. But it seems that some people still love more the earthly power.

These different positions about religions, rituals or doctrines feed conflicts with each other at the same time that they move away from God and haven't they still noticed that?

These doctrines and rituals are the limits that the human being invented to feel God or to worship offering or homage, while it is more important what oneself feels towards God in his heart and not about the way, the doctrine, the religion or the ritual.

The biggest temple that exists is our body, heart, mind and spirit, and it is here where we must feel and love God.

“And there he is.! He is inside all of us, and each time that you hurt only one of us, you hurt Him.”

The creator didn't establish rituals, doctrines or temples, these were created by human beings.

There are no limits to love and feel God. Your doctrines and rituals are yours and they are your limits and you accepted them as they were.

Spirituality

The spirituality respects the way you choose. Respects the religious doctrines, stop classifying what's correct or incorrect and just simply accept your way of feeling God. In fact, everybody is included in the spirituality. The conflicts are over. Your way of feeling God is as worth as mine. The spirituality shares, accepts, listens, learns and practices.

A spiritual person chooses freely with wisdom and intuition what each philosophy, doctrine or religion requires and he expresses all that as he integrates and feels it. This can be modified during all the way of his life. Show gratitude to the experience. It is that easy.

Spiritual Limits

Any time that you accept a new concept as an absolute truth and the only possibility, you are establishing your Limits and the Totality never established Limits on you so as to Be and feel your Divine spirit.

Rituals, Ceremonies and Customs

The ritual, the ceremony or the custom establish the way in which each person or religion offers his respect to God or makes his request to God, but this has exclusively been established by the human beings, as God values the feeling of your heart. The ritual or ceremony is the least of everything.

You could make a nice ceremony or a ritual as usual without feeling anything in your heart about it excepting the obligation feeling, and even by making it with the regret of a job that you don't feel like doing it. If you do it that way, what is the meaning of it? Is it more important for you what you feel in your heart than what the others expect from you? Will you always do the same only because of the ritual, ceremony or custom?

Think about it and it will make sense what you change according to what you need about the established prayers so as to express better what you feel from the heart towards God and you, yourself.

You will love God and your neighbour just as you love yourself.

It was never a commandment but just an advice. We choose the way we want to be. But if whatever the others do to you hurts your heart, why do you do the same?

Thanks for listening to me.

Abundance

When we talk about spiritual abundance we refer to the energy abundance of the being. The abundance is a state of the being.

“If you have a conflict with money and you mix up having abundance with having money, you have a conflict with the earth. Money is an exchange tool and the only value it has is because we gave money that value. This value only belongs to the earth, it can't hurt you or our spirit.”

Treat abundance like energy, show your gratitude for your material abundance, ask what you need to the Universe and the angels and forget it. Delegate fully and trust.

The selfish use of the energy affects the spiritual and material state of each human being.

Doubts and Fears

As I have already expressed once, the ego is under a doubt and so a fear is born. If you hesitate, you are afraid. So as to eliminate the doubt and the fear go to the base of the human knowledge, to our material library: Books, documentaries, videos, music, and talks. Enrich your intellect so as to eliminate a fear truly. The information that we receive will never have to set limits not even add more doubts or fears. If it is like this, reject the said information.

When you have the suitable information you will be able to eliminate that doubt and fight that fear if it appears, by solving it fluently. When you overcome it, you integrate it, you beat it and it will never ever exist. Such as life itself.

In the spirit world it is the same. Moreover, you can add wisdom to knowledge and access to the base of the Akashic registers of our divine spirit.

Wisdom is what you show without previous knowledge. Your spirit is immortal and it leads so many lives that in spite of the forgetfulness law, the spirit is able to remember and act accordingly. When this happens, it is your manifested spirit who chooses for you. You will wonder:

How did I know this?

Smile.

Save Loved ones

*Kodoish, Kodoish, Kodoish, Adonay, Tsebayoth
Ammi-Shaddai*

Thankfulness From the Author

Thanks loved angels for this new day.

Thanks to everyone to make it possible, dedicated to our Father-Mother and written for the human conscience awakening of the mediums, workers of the Light and sensitive ones.

Blessed we are.

Thanks to my companion and wife for being and staying, Thanks to my children, Nerea and Jesus. Especially to Nerea for contributing with her drawings the understanding symbols for this book. "Signed as Nerea."

Thanks Mariade, for creating these artistic and accepting Nerea's drawings to accompany the symbols.

Thanks to everyone, thanks.....,
(Write your name on the point line.)

A hug.

Loren and Gabriel.

Thankfulness From the Illustrator

Thanks to the universe for going on with this adventure.
Thanks to all my maternal lineage, the shared uterine memories, all the daughters, mothers, granddaughters and grandmothers, All the women from my genealogical tree who are no more than the reflection of all the ascendant experiences and memories on a small scale.
Thanks to the moon, its cycles, its water, the Earth,...
Thanks to the paternal lineage and to every men of my tree, ancestors in general who made us be fighters.
I'm sorry, forgive me, I love you, thanks....
For everything that was, that is and that will be,
THANKS.

Mariade and María

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* Let's talk about angels II "The mediums"

Illustrator:

Mariade Rodríguez Lorenzo
www.supernoba41.com
supernoba.41@gmail.com
<https://www.facebook.com/noba.41>

Author:

Lorenzo Brotons Monedero
www.hablemosdeangeles.com
lorenzo@hablemosdeangeles.com
<https://www.facebook.com/lorenzo.brotonsmonedero>

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